

References

- 1 *American Time Use Survey Summary* <http://www.bls.gov/news.release/atus.nr0.htm>.
- 2 http://www.huffingtonpost.com/2012/05/24/11-countries-with-the-longest-working-hours_n_1543145.html#slide=1018059.
- 3 Holland, James, *Dam Busters: The Race To Smash The Dams 1943*, London: Transworld, 2012.
- 4 DeMarco, Tom. *The Deadline: A Novel About Project Management*, New York: Dorset House, 1997.
- 5 Allen, David, *Getting Things Done: How to Achieve Stress-free Productivity*, London: Piatkus, 2002.
- 6 Bar-Eli, M., Azar, O.H., Ritov, I. & Keidar-Levin, Y. (2007). Action bias among elite soccer goalkeepers: The case of penalty kicks. *Journal of Economic Psychology*, 28, 606–21.
- 7 http://blogs.hbr.org/cs/2012/01/five_myths_of_a_ceos_first_100.html.
- 8 Taylor, A J P, *War By Time-Table: How the First World War Began*, London: Macdonald, 1969.
- 9 http://www.amazon.com/Band-Brothers-Blu-ray-Scott-Grimes/dp/B0006TSSNG/ref=sr_1_2?s=books&ie=UTF8&qid=1360595596&sr=1-2&keywords=band+of+brothers+dvd.
- 10 Ambrose, Stephen E., *Band of Brothers: E Company, 506th Regiment, 101st Airborne from Normandy to Hitler's Eagle's Nest*, New York: Simon & Schuster, 2001.
- 11 Fussell, Paul, *Wartime: Understanding and Behavior in the Second World War*, Oxford: Oxford University Press, 1990.
- 12 Cleese, John & Booth, Connie, *The Complete Fawltly Towers*, London: Methuen, 2000.
- 13 Attwood, Janet Bray & Chris, *The Passion Test: The Effortless Path to Discovering Your Destiny*, London: Simon & Schuster, 2006.
- 14 Bannatyne, Duncan, *Wake Up and Change Your Life*, London: Orion, 2009.
- 15 Bolles, Richard N, *What Colour Is Your Parachute? 2013: A Practical Manual for Job-Hunters and Career-Changers*, New York: Ten Speed Press, 2012.

- 16 Robbins, Anthony, *Awaken the Giant Within: How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny!*, New York: Free Press, 1992.
- 17 Daniel Day-Lewis on acting <http://www.bbc.co.uk/news/entertainment-arts-21227022>.
- 18 Covey, Steven, *The 7 Habits of Highly Effective People*, New York: Simon & Schuster, 2004.
- 19 O'Connell, Fergus, *What You Need To Know About Project Management*, Chichester: Capstone Publishing Ltd, 2011.
- 20 Carpenter, Francis B., *Six Months at the White House*, Forgotten Books, 2012.
- 21 Winston S Churchill – We Shall Fight on the Beaches http://www.youtube.com/watch?v=MkTw3_PmKtc&feature=fvwrel.
- 22 University College London Health Behaviour Research Centre <http://www.ucl.ac.uk/hbrc/diet/lallyp.html>.
- 23 John Cleese on creativity <http://www.youtube.com/watch?v=f9rtmxJrKwc>.
- 24 Steve Jobs Stanford commencement address 2005 <http://www.youtube.com/watch?v=VHWUCX6osgM>.