



## Developing Partnerships between Transportation Agencies and the Disability and Underrepresented Communities

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# TRANSIT COOPERATIVE RESEARCH PROGRAM

Sponsored by the Federal Transit Administration

Program Officer: Gwen Chisholm-Smith

## Research Results Digest 107

### DEVELOPING PARTNERSHIPS BETWEEN TRANSPORTATION AGENCIES AND THE DISABILITY AND UNDERREPRESENTED COMMUNITIES

This digest presents the results of TCRP Project H-44, "Developing Partnerships between Transportation Agencies and the Disability and Underrepresented Communities." The research was undertaken to provide practitioners with a resource guide and best practices for developing productive relationships with the disability and underrepresented groups. The research was led by SIMON & SIMON Research and Associates, Inc., Elkridge, Maryland. Monica L. Simon was the principal investigator.

#### SUMMARY

Many U.S. transit agencies, particularly those serving urban areas, find that they serve a diverse population and that a significant portion of their patronage is from minority and disability communities. Most transit agencies have established customer advisory committees, diversity programs, and various community outreach efforts to involve these segments of their communities in the planning and improvement of their services. It is less frequent, however, that transit agencies have been able to establish true partnerships with these communities and organizations representing them.

With the establishment of true partnerships, customers and other representatives of these communities can better appreciate the costs and challenges the agency faces and can become informed supporters of the services they need. Representatives of these communities can suggest to the transit agencies new methods, tools, and avenues for service provisions, marketing, and general communication to their communities that may even improve the efficiency and cost-effectiveness of operations.

An extensive review of the literature on transit agencies and public involvement, partnerships and collaborations, minority outreach, and outreach to people with disabilities revealed several key themes and action items. Community involvement is crucial to the success of transportation services and required by law. However, reaching out to diverse and underrepresented communities, as well as obtaining their input, is often met with a number of challenges. The literature is dense with information on the formation of citizen advisory committees, which are utilized most often in the public involvement process. The literature is, however, limited in relation to the actual formation of true partnerships in transit. According to the literature, a partnership includes shared leadership, with stakeholders possessing equal power in the decision-making process. Citizen advisory committees offer advice.

The goal of this research was to develop a resource guide that includes best practices that lead to productive relationships with the disability and underrepresented groups. The guide contains specific outreach strategies and suggestions that can be used by transit personnel to develop and maintain these partnerships. The guide includes "how to"

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approaches and information in narrative and graphic form on developing partnerships with the disability and underrepresented communities.

To achieve the study's objectives, two phases of data collection were used. A national survey was developed and administered to document the experiences of transit agencies in reaching and engaging the participation of minority and underrepresented communities with regard to developing partnerships and public involvement. The purpose of the second phase of data collection was to conduct in-depth interviews to solicit first-hand information about developing partnerships with disability and minority communities. Seven transit agencies were selected based on best practices listed in their survey responses and recommendations in this regard from other survey respondents. Of those seven, five agencies were selected and presented as case studies. These case studies offer examples of what agencies have defined as best practices and lessons learned when reaching out to underrepresented groups.

The transit systems selected for interviews were as follows:

- CT Transit, Hartford, Connecticut;
- Houston Metropolitan Transit Authority, Houston, Texas;
- Lane Transit District, Eugene, Oregon;
- PACE Suburban Bus, Arlington Heights, Illinois;
- Sound Transit, Seattle, Washington;
- Southeastern Pennsylvania Transportation Authority, Philadelphia, Pennsylvania; and
- Washington Metropolitan Area Transit Authority, Washington, D.C.

The study revealed key factors for establishing effective partnerships and identified communication as the primary factor in establishing effective and sustainable partnerships and community collaboration. Mutual trust is an essential component and a primary objective of the public involvement process. Building trust with the public also requires respecting and understanding cultural differences (cultural competence). Establishing trust with communities that may traditionally be skeptical of government is a common obstacle in the formation of partnerships. There often exists an understandable mistrust toward members of the dominant culture by historically oppressed and/or underrepresented groups. Transparency at the agency level, as well

as communication and respect for cultural differences, are essential when reaching out to underrepresented communities. This proved to be a recurring factor with the case study agencies and the partner agencies.

This discussion of developing partnerships with the disability and underrepresented communities requires a definition of "partnership" and "collaboration," as well as examples of successful outcomes of each. "Collaboration" and "coordination" are often used interchangeably in the discussion of partnerships. However, these terms must be clearly defined in most scholarly writing, because they have more distinct meanings and often represent differing levels of participation and access (Mattessich 2001).

Partnering is defined as working together to create a common vision and implementation strategy that collectively solves problems. Partnerships, by definition (1) combine resources, (2) utilize a consensual decision-making process, (3) build trust among diverse stakeholders with open communication, (4) possess a clear mission and strong leadership, and (5) evaluate the impact of the process. Collaboration occurs "when a group of autonomous stakeholders of a problem domain engage in an interactive process, using shared rules, norms and structures, to act or decide on issues related to that domain" (Wood and Gray 1994).

Most often, "partnerships" in transit are advisory relationships, although 90 percent of study survey respondents referred to their relationships as partnerships. Advisory committees often support the decision-making process, hold the agency accountable for decision-making, and/or offer advice and recommendations. They do not, in most instances, possess decision-making power. There is a wide variation in the make-up and organizational structure of such committees. Key success indicators in partnership and collaborative relationships include open communication, effective leadership, and mutual trust.

The study revealed that there is no single approach to engaging underrepresented groups and people with disabilities in the public involvement process. Outreach strategies are often as diverse as the communities they serve and "success" is defined on a community basis. Industries outside of transit utilize strategies that are most effective for connecting with, and maintaining, continuous communication with the underrepresented communities that they serve. These strategies mirror the strategies identified by the transit agencies. The study also revealed

that transit agencies communicate regularly with the underrepresented and disability communities via a database network of organizations, organization websites, social media, news releases, flyers, and media outlets tailored to the language and cultural interests of the targeted group. Partners with transit agencies recommend that transit connect with the target market by developing relationships with other organizations that serve them.

The best practices outreach strategies cited in literature, documented through the case studies (Chapter 4) and displayed in the guidebook (Chapter 5), provide a starting point for transit agencies to identify strategies that can be tailored for use in their communities. Tailoring effective outreach requires planning, resources, and time to ensure an inclusive process that brings the targeted representatives to the table. One transit agency described this process as “BORPSAT (a bunch of the right people sitting around a table).”

Although there is no single definition of successful public involvement, some measure of effectiveness is essential. Successful public involvement can be judged based on outcomes of process. However, the complexity of variables (local politics, community issues, etc.) may complicate the process. Rowe and Frewer (2000) developed a framework for evaluating public participation methods by dividing evaluation criteria into two categories: acceptance criteria and process criteria, which are related to the potential public acceptance of a procedure. The main problem in evaluation remains the definition of “effectiveness.” The ideal outcome of any public involvement process is to generate public consensus on, and ownership of, a plan or project (Szyliowicz 2002).

Ultimate authority may lie with the transit agency, but stakeholders must directly participate in the decision-making process. Therefore, advisory committees may be a form of collaboration if their advice is closely linked to decision-making outcomes. In practice (and by design), however, advisory committees are often far removed from actual decision making (Ansell and Gash 2008).

## CHAPTER 1 INTRODUCTION

This digest uses the results of comprehensive literature searches, an industry survey mailed to transit agencies identified through the American Public Transportation Association (APTA) and the

Community Transportation Association of America (CTAA) databases, and nine in-depth case studies. The case studies formed the basis for the development of a guidebook (included as Chapter 5 of this digest) of specific outreach strategies and suggestions that can be used by transit personnel when developing partnerships with the disability and underrepresented communities.

## BACKGROUND

Many U.S. transit agencies, particularly those serving urban areas, find that they serve a diverse population and that a significant portion of their patronage is from minority and disability communities. Most transit agencies have established customer advisory committees, diversity programs, and various community outreach efforts to involve these segments of their communities in the planning and improvement of their services. It is less frequent, however, that transit agencies have been able to establish true partnerships with these communities and organizations representing them.

With the establishment of true partnerships, customers and other representatives of these communities can better appreciate the costs and challenges the agency faces and can become informed advocates at local, state, and national levels in support of the services they need. Representatives of these communities can suggest to the transit agencies new methods, tools, and avenues for services provision, marketing, and general communication to their communities that may even improve the efficiency and cost-effectiveness of operations.

Research is needed to examine the best methods for establishing effective partnerships or collaboration between the transit agencies and the disability and underrepresented communities.

## RESEARCH OBJECTIVE

The goal of this research was to develop a resource guide that includes best practices that lead to productive relationships with the disability and underrepresented groups. The guide contains specific outreach strategies and suggestions that can be used by transit personnel to develop and maintain these partnerships. The guide includes “how to” approaches and information in narrative and graphic form on developing partnerships with the disability and underrepresented communities.

The research answered the following questions:

1. How do transit systems get advice from the disability and underrepresented groups in the communities that they serve?
2. What strategies do transit agencies use to develop partnerships/collaboration between the disability and underrepresented groups that they serve?
3. What specific strategies can be used to identify key leaders in the disability community and underrepresented communities?
4. What specific strategies are used to build relationships with key leaders?
5. What is the role of cultural competence in disability and minority outreach?
6. What strategies, actions, and initiatives are successful in sustaining these partnerships?
7. What is a successful partnership?
8. What are the factors that determine a successful partnership?
9. Why do some partnerships/collaborations fail?
10. What strategies do other industries use to develop partnerships/collaboration between the disability and underrepresented groups that they serve?
11. Identify key strategies used in other industries to develop and maintain these partnerships.
12. Can these strategies be applied to the public transit industry?

## METHODOLOGY

The first step in the research process was to conduct a comprehensive literature search related to public involvement, community and minority outreach, and partnerships and collaborations. The review summarized factors and best practice strategies that lead to productive partnerships between transit agencies and the underrepresented minority and disability communities they serve. This information was assembled from published literature, contacts with transit agencies, other related industries, and secondary sources. Finally, the practice implications of the research were examined. To conform to the research literature, the term “public involvement,” rather than “public participation,” is used.

Although there is extensive literature available on the topic of public involvement, the review revealed limited information related to the actual

formation of true partnerships between transit and underrepresented groups. The literature did, however, provide information on the formation of citizen involvement committees, which place citizens in an advisory role. The review also provided considerable information from other industries relevant to the focus of the current study.

Following the literature review, a national survey was developed and administered to document the experiences of transit agencies in reaching and engaging the participation of disability and underrepresented communities with regard to developing partnerships and public involvement. These agencies were identified through the American Public Transportation Association (APTA) and the Community Transportation Association of America (CTAA) databases. Eighty-one agencies expressed interest in the survey and 56 agencies submitted completed surveys, generating a response rate of 69 percent. Analysis of the survey data and recommendations from survey participants, other transit industry experts, and the TCRP H-44 Project Panel resulted in a list of 17 transit systems as potential “best practices” case-study candidates for presentation to the project panel. Twelve interviews were scheduled; three respondents were unavailable at the designated times and failed to respond to follow-up emails to reschedule.

Survey data and the results of a second literature review were used to (1) define successful partnership/collaboration for the purposes of this research; (2) develop screening criteria to determine success; and (3) identify key success indicators (actions and initiatives) that contribute to the development of developing partnerships. These criteria were used to describe the key indicators for successful partnerships and to identify best practices within transit and other industries.

## CASE STUDIES

The research team determined that the best candidates for case studies were those identified through the survey as having successful partnerships with the disability and underrepresented communities and comparing favorably with the best practice strategies identified in the literature. While preparing the case studies, an interview protocol was developed that included queries on customer advisory committees, public involvement, disability and minority outreach, partnerships, and other collaborative

initiatives. All interviewees were asked to respond to the same open-ended questions.

The TCRP H-44 Project Panel and other transit professionals reviewed the guide and revisions were made. Upon final revision, the researchers queried the selected organizations via email for agreement to participate in the interviews and compiled a database of contact information. Pre-screening questions were emailed to participants to help them prepare for the interview. The initial plan included interviews with 10 “best practice” transit agencies and organizations. An additional five interviews were planned with representatives of the partnerships in these communities. Seven transit agencies were selected based on “best practices” listed in their survey responses and recommendations in this regard from other survey respondents.

The transit systems selected for the in-depth interview included the following:

- CT Transit, Hartford, Connecticut;
- Houston Metropolitan Transit Authority, Houston, Texas;
- Lane Transit District, Eugene, Oregon;
- PACE Suburban Bus, Arlington Heights, Illinois;
- Sound Transit, Seattle, Washington;
- Southeastern Pennsylvania Transportation Authority, Philadelphia, Pennsylvania; and
- Washington Metropolitan Area Transit Authority, Washington, D.C.

The research team also interviewed a representative from RideSource Call Center, in Eugene, Oregon. RideSource is a partner with Lane Transit.

This digest is presented in five chapters. Chapter 2 presents main findings from the literature search. Chapter 3 describes the industry survey and the criteria that formed the basis for the case studies. Chapter 4 presents case study findings and results of the in-depth interviews. Chapter 5 presents the guidebook for developing partnerships with the disability and underrepresented communities.

## CHAPTER 2 THE LITERATURE

### THE IMPORTANCE OF COMMUNITY OUTREACH

Public involvement builds social capital by fostering greater understanding and trust between companies and communities (Murdock and Sex-

ton 2002). The Federal Highway Administration (FHWA) and U.S. Department of Transportation document, *Public Involvement Techniques for Transportation Decision Making* (2002), states that public involvement is inclusive and should encompass the full range of community interests. However, communities that are underserved by transportation often fail to participate in the process. They not only have greater difficulty gaining access to jobs, schools, recreation, and shopping than the population at large (Rosenbloom 1998), but they may also be unaware of transportation proposals that could dramatically change their lives. Many lack experience with public involvement, even though they have important, unspoken issues that should be heard.

The U.S. Department of Transportation and Federal Highway Administration identify underserved people as “those with special cultural, racial, or ethnic characteristics. Cultural differences sometimes hinder full participation in transportation planning and project development. People with disabilities find access to transportation difficult and their ability to participate in public involvement efforts constrained. People with low incomes often lack both access and time to participate. They may be difficult to reach, distrustful of the public involvement process, or need to work rather than attend meetings and public hearings; thus eliminating themselves from the public involvement process. Poorly educated people often are not fully aware of what transportation services are available or of opportunities to help improve them” (2002).

These groups are described as “a rich source of ideas that can improve transportation not only for themselves but also for the entire community. Agencies are responsible for reaching out and including them in the decision-making process—which requires strategic thinking and tailoring public involvement efforts to these communities and their needs” (FHWA & U.S.DOT 2002).

Community outreach is a critical factor in the success of transportation services that reflect the ideas and culture of the entire community and that allow all to share ideas that reflect their interests. Much has been published in the transportation industry on community outreach and public involvement techniques; however, there is still little evidence of systematic application of genuine efforts for community outreach and participation. Developing solutions that reflect community values can only occur if the community is consulted (Townsend et al. 2005).

The literature revealed that there is no single definition of successful public involvement, although a measure of effectiveness is essential. Successful public involvement can be judged purely based on outcomes; the results determine the effectiveness of the participatory means. This approach is often difficult, because other variables (local elections, controversy in the community, etc.) may contribute to the level and effect of participation. “Success” can also be defined in terms of the participatory process, with respect to the issues such as fairness, group dynamics, and procedures. The ideal measure of success is a balance of process and outcome. Developing a single definition is often problematic because of the diversity of perspectives about the goals of public participation (Chess and Purcell 1999).

## CHANGING DEMOGRAPHICS

The face of America has changed from a nation of European immigrants to a nation of global immigrants. Current population statistics report that one in every three Americans is a member of a minority group (U.S. Census May 2010). Minority groups constitute 35 percent of the nation’s 309 million residents. Hispanic Americans, now the largest ethnic minority group, are 15 percent; African Americans, 13.5 percent; Asian Americans, 5 percent; Native Americans, Alaskan Natives, and Hawaiians total 1.6 percent (U.S. Census May 2010). Currently, people with disabilities compose the largest minority group, totaling 54 million and representing 19 percent of the U.S. population.

America’s major metropolitan areas are the focus of the most dramatic transformations. The nation’s largest 100 metropolitan areas (cities and suburban regions with at least half a million people), account for more than two-thirds of the U.S. population (Frey et al. 2009). Other demographic changes such as increases in life expectancies; Americans over the age of 65; and Americans with low literacy, living in poverty, or speaking a non-English language continue to occur. In addition, more of the nation’s population now lives in urban rather than rural areas (ATR Institute et al. 2010).

Such demographic growth has particular implications for the public transit industry, where minorities collectively represent the largest segment of ridership. Research indicates that individuals from minority groups (African-Americans, Latinos, Asian-Americans, multi-ethnic) represent almost six of

every ten (59.5%) public transit users (APTA 2009). Since the passage of the Americans with Disabilities Act of 1990 (ADA), increased numbers of individuals with disabilities have become regular public transit users. However, many of these stakeholder voices are not fully integrated into existing public involvement mechanisms. Early citizen participation benefits the process because it introduces new knowledge and ideas and improves the quality of services by ensuring that the needs of those served are considered in the design of programs and formulation of policies (Schacter and Liu 2005).

Legislative requirements and the dramatic population growth of Hispanics and other immigrants have sparked an urgency to involve the public in transportation planning and decision making, as well as to identify strategies for attracting and retaining the full range of community interests.

## Laws, Regulations, and Guidance

Federal commitment to public involvement in transportation decisions is evidenced in a series of federal statutes and regulations from the National Environmental Policy Act of 1969 to the Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users (SAFETEA-LU) in 2005 (Hull 2010). Transit agencies and other entities receiving federal funds for transit projects must comply with Title VI of the 1964 Civil Rights Act and environmental justice rules require that agencies consider the impact of proposed initiatives on minority and low-income communities.

The ADA regulations set forth specific requirements for involving individuals with disabilities in complementary paratransit service decisions (49 CFR 37.137). The regulations require consultation with the disability community, including holding a public hearing, providing an opportunity for public comment, and establishing a mechanism for ongoing public participation. Advisory committees are frequently cited as a technique for meeting these requirements.

Presidential executive orders were issued in 2000 that provide the following directives for further ensuring the involvement of underrepresented communities:

- Executive Order 13166: Improving Access to Services for Persons with Limited English Proficiency (LEP) requires federal agencies (1) to ensure that they provide meaningful

access for LEP persons to the agencies' programs and (2) to work to ensure their recipients provide meaningful access to LEP applicants and beneficiaries. It also requires each federal agency to publish guidance for its recipients on how to provide meaningful access to LEP persons (Waite 2011).

- Executive Order 13175: Consultation and Coordination with Indian Tribal Governments requires agencies to consult and coordinate with local Indian tribal governments and establishes the formal requirements for agencies to consult with tribal governments on any project that affects tribal entities in order to reduce impositions (Migliaccio, Knoebel, & Martinez 2010).

According to O'Connor, Schwartz, Schaad, and Boyd (n.d., p. 2), "Federal mandates are powerful transforming tools, but the drive for public involvement is rooted deeply in other societal forces . . . [and] also results from a rapid rate of social change. . . . [Consequently,] the current mandates codify lessons learned in the 1970s and 1980s—lessons that many transportation agencies learned after the fact from project delays, lawsuits, and public outcry about transportation decisions made without citizen input."

## Federal Guidance

In its *Transportation Planning Capacity Building* guide (2002), the Department of Transportation claims that the key to a purposeful and productive public involvement effort is good organization and well-planned outreach to ensure that all stakeholder groups are represented. The key emphasis is that effective public involvement is part of the transportation continuum. The guide includes strategies for tailoring outreach to underrepresented groups and people with disabilities. Tailored outreach is defined as "selecting and adjusting public involvement techniques that effectively connect with the people affected by the project." The objectives of tailored outreach are to

- Convey issues in ways that are meaningful to all constituents;
- Bridge cultural and economic differences that affect participation;
- Use communication techniques that enable a wide variety of people to interact;

- Develop partnerships on a one-to-one or small group basis to ensure representation of all demographics; and
- Increase participation by underrepresented groups so they have an impact on decisions.

As noted by Black (2006), transit agencies have followed "a traditional model for public participation that includes public notices, open house meetings to present the project, design and timelines, and a complement of fact sheets and colored-coded maps to inform the message." However, "a transition from the *decide, announce, and defend* approach is underway . . . To meet expectations, transportation agencies must move beyond one-way communication . . . to new two-way models of engagement" (Jackson 2002, p. 3) that engage those who have historically been absent during the planning and decision-making process. Black identifies the following innovative approaches to public involvement in culturally diverse communities that have proven to be effective:

- Form a project team that is diverse in ideas and culture;
- Involve an expert in public and community relations;
- Create user-friendly project information materials;
- Form a community taskforce to provide feedback on your ideas;
- Demonstrate commitment to community involvement; and
- Engage local community papers as a resource to reach diverse communities.

Outreach to underrepresented groups provides fresh perspectives and opinions on engaging these communities and forming collaborative solutions that best meet the communities' needs. The ideal outcome of any public involvement process is to generate public consensus on, and ownership of, a plan or project. "Ownership" will only occur when all affected stakeholders work together to develop a consensus on a decision or set of decisions.

## CITIZEN ADVISORY COMMITTEES

A citizen advisory committee is a group with various interests typically convened by a public agency to gather input or recommendations about a



specific program or issue (Koontz 2005). Over the past 40 years, citizen advisory groups have been used at all levels of government.

### Formation of Citizen Committees

The organized consumer dates back to 1899 with the formation of the National Consumer League. Composed of 90 affiliated state and local organizations, the league fought for sanitation in the food and candy industries and for labor reform (including minimum hours, minimum wages, and child labor and sweatshop conditions). The National Consumer League gained a powerful voice and led to the formation of the Consumer Advisory Board, a New Deal initiative, representing the voice of the consumer (“Who Speaks for . . .” 1967).

In 1962, President John F. Kennedy created the Consumer Advisory Council under the Council of Economic Advisors. President Lyndon B. Johnson later incorporated this into the President’s Committee on Consumer Affairs and created an Office of Special Assistant on Consumer Affairs. Individual consumers also began to advocate for local interests. With the passage of the Federal Advisory Committee Act in 1972, Congress implemented the formal use of advisory committees throughout the federal government. Membership included ethnic, gender, and geographic diversity and recognized expertise in a specific field. In 1978, President Jimmy Carter, recognizing the importance of public representation, urged federal agencies to “provide adequate opportunity for consumer participation in the decision-making process (Lewis 2009, para. 14).

The Food and Drug Administration (FDA) considers advisory committees critical to the product review process (Rados 2004). The traditional relationship between the FDA and the public began to change shortly after World War II, when the agency, through a series of public meetings, consulted the lay public in its development of standards of identity for certain food staples. This relationship proved successful and the FDA “hired part-time consumer consultants” to work on other food standards and similar issues. These earlier successes eventually evolved into a full-scale public-participation program” (Lewis 2009, para. 7–12).

### Advisory Committee Roles and Responsibilities

According to FHWA and DOT (1996), “some boards make decisions; others help formulate policies.” Citizens on policy and decision-making boards are established by statute, regulation, or political decision. On the other hand, a citizen advisory committee is a group of stakeholders that meets regularly to discuss issues of common concern. The committee provides input to transportation planning development by examining and discussing issues with others; they serve in an *advisory* capacity. Although advisory committees provide recommendations to the agency, the final decision is made by the agency.

There has been much debate concerning the role of an advisory committee. In one specific example, the debate emerged during a forum addressing this and other transit issues and services for people with disabilities (Denson 2003, p. 2). This issue was whether the advisory committee should possess policy-setting and decision-making authorities or strictly be an advisory organization. “The majority of participants supported a policy-setting, decision-making model that could set transit policy” (p. 6). According to FHWA and DOT (2002), a citizen advisory council has the following basic features:

- Interest groups from throughout a state or region are represented,
- Meetings are held regularly,
- Comments and points of view of participants are recorded,
- Consensus on issues is sought but not required, and
- The council is assigned an important role in the process.

Exhibit 1 presents selected roles and responsibilities of consumer advisory committees determined by state and local government organizations, mortgage organizations, transit systems, and other organizations. None of these “relationships” describe a “partnership” between the organization and the consumer committee. That is, the consumer advisory committee serves in an advisory capacity, whose advice may or may not be used in the final decision.

### Transit Agency Advisory Committees

Transit agencies have historically recognized the value of citizen input, and citizen or customer

**Exhibit 1** Example Roles and Responsibilities of Consumer Advisory Committees

**Metropolitan Transportation Commission (MTC) *Get Involved*.** The mission of the Metropolitan Transportation Commission's new 27-seat Policy Advisory Council is to advise MTC on transportation policies in the San Francisco Bay Area, incorporating diverse perspectives relating to the environment, economy, and social equity. Some of the issues that this new panel might be asked to advise on include

- Regional planning efforts linking transportation, housing, and land-use plans to reduce greenhouse gas emissions; and
- An MTC project to improve the cost-effectiveness of the region's public transportation system and pursue strategies to secure new revenues for this system.

**American Association of Residential Mortgage Regulators. Consumer Advisory Council.** (2009). The purpose of the Consumer Advisory Council shall be to consult, advise, and assist the board of directors on issues relating to residential mortgage regulation. The Consumer Advisory Council shall take under advisement and consider such issues as the board of directors may, from time to time, direct.

**Pennsylvania Public Utility Commission.** (2010). Consumer Advisory Council (CAC). The purpose of the Consumer Advisory Council is to represent the public in advising the commissioners on matters relating to the protection of consumer interests which are under the jurisdiction of the commission, or which, in the opinion of the council, should be brought under the jurisdiction of the commission. The council acts as a source of information and advice for the commissioners.

**Mental Health Care, Inc.** (2009). Consumer Advisory Council: Consumer Advisory Council's Mission or Statement of Purpose. To provide input, guidance, and assistance and to make recommendations to the CEO and senior management of Mental Health Care, Inc. (MHC) on matters important to consumers. The CEO will present recommendations to the board of directors of MHC, when appropriate.

To assist MHC in ensuring consumers are receiving the best services possible in a respectful and effective manner as well as provide feedback on new services and programs as needed. Typical responsibilities for a consumer advisory council are

- Reviewing organizational publications,
- Organizing special activities to promote consumers,
- Advising the board of directors on how best to meet consumer needs, and
- Providing input on new program design or implementation.

**Federal Reserve's Consumer Advisory Council, *A Q&A with Governor Gramlich*.** (2003). e-Perspectives, 3(3). The council's purpose is to

- Advise and consult with the board on matters regarding consumer financial services of interest to the board or that fall within the board's statutory authority.
- Assist the board in its rule-writing responsibilities. Examples are the Community Re-investment Act, Equal Credit Opportunity Act, Home Mortgage Disclosure Act, Electronic Fund Transfer Act, and Truth in Lending Act.

**Vermont Office of the Governor Public Transit Advisory Council.** (2003). The advisory council shall serve as an advisory group to the agency of transportation on all matters relating to public transportation.

**Texas Department of Transportation. Public Transportation Advisory Committee.** (2009). The committee's primary responsibilities include

- Advising the commission on the needs of the state's public transportation providers,
- Advising the commission on the allocation of public transportation funds, and
- Commenting on rules involving public transportation.

advisory committees are a commonly used mechanism for public outreach, involvement, and participation. Transit agencies often have advisory committees for planning and operations, major capital projects, service changes, Americans with Disabilities Act (ADA) service delivery, as well as Title VI and environmental justice considerations.

The ADA regulations set forth specific requirements for involving individuals with disabilities in complementary paratransit service decisions (49 CFR 37.137). The regulations require consultation with the disability community, including holding a public hearing and providing an opportunity for public comment and establishing a mechanism for ongoing public participation. Although not required, advisory committees are the most frequent mechanism used for complying with this regulation.

There is wide variation in the make-up and organizational structure of citizen advisory committees. Most are described as a representative group of citizens or stakeholders that meets regularly to discuss issues of common concern (Hull 2010). Membership can be derived from an outreach campaign, a competitive selection process, or appointment by the transit agency. Committee members usually possess background and/or experience in the topics about which they will be advising. Membership is diverse in its representation of the community and/or constituency that it represents.

Advisory committees are usually established with a mission statement, purpose, and goals and objectives. Although structures vary, almost all operate according to by-laws, operating guidelines and/or procedures or other protocol. Research indicates that in the majority (77 percent) of transit agencies, the primary role of advisory committees is to provide advice and input for transit decision making (Hull 2010). It is important to note that committees are not actually involved in the decision-making process. Although considered a valuable part of the public involvement process, it is clear that, for the most part, committees serve an advisory role only. Rarely are transit and advisory committee relationships described as partnerships.

In the transit industry, citizen advisory committees have proven to be an effective tool to gather public input and make important contributions to transportation decisions. Advisory committees are widely used as a mechanism for continuous public

involvement and education, to facilitate collaboration among stakeholders (committee members, customers, agency staff, and others), seek out the viewpoints of underrepresented populations, and ensure that community input is considered. Most agree that for the optimal benefit of the advisory committees, it is important to (1) establish the parameters of the advisory role, (2) clearly define the actual authority of the committee, and (3) seek the input of the committee in the early stages of the planning or policy process.

## PARTNERSHIPS AND COLLABORATIONS

In many industries, there is a growing trend to involve a broad range of stakeholders in planning, operations, and policy decisions. The literature is replete with meaningful citizen involvement in health care, education, labor, land use, and environmental issues. These relationships are often referred to as partnerships and/or community collaborations. A partnership is a mutually beneficial relationship that builds synergistically on the time, talent, and resources of participants to achieve common goals and measurable outcomes, and where all partners share in the decision-making process and responsibility for outcomes (Bureau of Land Management 2003).

Common themes emerged throughout the literature, with respect to building effective partnerships, including the following:

- **Shared leadership:** The stakeholders should have equal power and influence, including task and leadership behaviors.
- **Communication:** Two-way open exchange of information.
- **Conflict resolution:** Partners should not only recognize and address conflicts, but possess a means by which to solve them.
- **Decision making:** Decisions should be flexible, made by consensus, and include a participatory process.
- **Problem-solving processes:** Agreed-upon processes.
- **Mutual trust:** Trust is necessary for generating meaningful participation.
- **Shared resources:** Information, money, labor.
- **Effective management:** Well-organized meetings, collaboratively developed agendas, and consistent facilitation are essential.

- **Evaluation techniques:** A collaborative evaluation of both task/goal and process objectives is necessary to measure effectiveness (Schulz, Israel & Lantz 2002).

The goal of a community-based partnership is to build a strong, place-based, collaborative process, where people of different backgrounds meet to seek common ground. Partnering means to work together to create a common vision and implementation strategy to collectively solve problems. It involves developing collaborative relationships among various stakeholders using a consensual decision-making process. Wood and Gray (1991) define collaboration as a process that “occurs when a group of autonomous stakeholders of a problem domain engage in an interactive process, using shared rules, norms, and structures, to act or decide on issues related to that domain” (p. 146).

Partnership membership is usually through designation or appointment. Diversity is critical to ensure constituent representation. In effective partnerships, partners share a common vision and goals and recognize the need for collaboration for achievement. Partners are egalitarian (have equal power), understand and respect what everyone brings to the table, and usually have the authority to make decisions for the entity that they represent. Effective partnerships have a strong leader who champions the partnership and its vision and goals. Many partnerships are established and operate according to a memorandum of understanding (MOU) or cooperative agreement (CA).

Abundant evidence suggests that these relationships are mutually beneficial and have been credited with garnering citizen support for organizational goals, bridging the gap between the organizations and diverse cultures, and facilitating institutional change. There are numerous examples of successful partnerships/collaborations in reaching underserved populations, reducing disparities in minority health care and other community-focused health concerns, improving quality-of-life issues for people with disabilities, developing and implementing environmental policies, and decreasing consumer utility costs.

## BUILDING A BLUEPRINT FOR CHANGE

In 2009 in Philadelphia, the Corporation for National and Community Service (CNCS) created a manual, *Building a Blueprint for Change*, to help city leaders develop a comprehensive service

plan and a coordinated strategy focused on placing volunteers with established organizations addressing critical needs in the community. Based on research, CNCS determined that “service matters and that volunteering is associated with stronger communities . . . community participation and civic engagement . . . (“Citizen Engagement Strengthens Communities,” 2009). The strategies used to ensure a broad range of public involvement and that all stakeholders had an opportunity to participate in the development of the city’s service plan are discussed in the following subsections.

### Identifying Stakeholders

The involvement of stakeholders was a key part of building the city’s service initiative. Stakeholders were defined as people or organizations that are concerned about, affected by, have a vested interest in, or are involved in some [way] with the issue.” (“Stakeholders,” para. 2). Stakeholders included community groups, environmental groups, school systems, universities, residents, and others. They were involved through steering and advisory committees, working groups, surveys, newsletters, and personal meetings with key players.

Stakeholders included groups that are historically underrepresented or underserved in the city and whose voices are not typically included in the planning process. Participation by underrepresented groups was obtained by working with the community to identify respected groups or leaders within the underrepresented community and developing partnerships with these groups to ensure representation. Meetings were held in communities where the underrepresented population could be reached to ensure their participation.

### Outreach to Underrepresented Stakeholders

To successfully reach underrepresented stakeholders, CNCS developed trusting relationships with members of the community and reliable contacts among the groups. Using techniques developed by the National Resources Conservation Services (2003), CNCS developed its strategies for reaching out to underrepresented communities, including the following:

- Know and understand your audience,
- Organize a team of local minority community members to advise you,

- Share the stage with community leaders,
- Establish trust—be patient and move slowly if cultural differences are great,
- Provide the following for meetings, public forums, focus groups, or neighborhood hearings:
  - The opportunity for verbal and written feedback,
  - Visual/hands-on presentations,
  - Multilingual translators,
  - Sign-language interpreters,
  - Accessible locations without physical barriers,
  - Child care,
  - Refreshments,
  - Accessibility via public transportation, and
  - Communication of final results.

## Project ACTION

Project ACTION (Accessible Community Transportation in Our Nation) is an example of a successful partnership between the public transit industry and the disability community. Prior to the passage of the ADA, the relationship between the disability community and public transit industry was contentious. There was broad disagreement over the availability of accessible transportation services for individuals with disabilities.

In the late 1980s, representatives of Easter Seals, Paralyzed Veterans of America (PVA), and the American Public Transportation Association (APTA) came together to address this concern. Their collaboration resulted in a proposal to create and demonstrate a national cooperative model to improve transportation options for people with disabilities (Capozzi 1990). In 1987, Congress established Project ACTION as a national model to promote cooperation and collaboration between public transit agencies, the transit industry, and people with disabilities to improve transportation access for people with disabilities. Federal dollars were provided to fund local demonstration projects to recreate similar partnerships/collaboration between the disability community and transit agencies at the local level. As a result, demonstration programs in local communities used cooperation and collaboration as the foundation for establishing policy initiatives and improving transit access for individuals with disabilities in their communities.

## CULTURAL COMPETENCE

In both citizen advisory committees and partnerships, the meaningful participation by individuals with disabilities and from ethnic minority groups is paramount. The degree to which a community views the group as legitimately representing the community's concerns can have a powerful effect on its effectiveness (Koontz 2005). Seeking input from minority populations and underrepresented communities helps obtain diverse input and perspectives. Before that outreach can effectively begin, transit agencies must understand the diversity and cultural contexts of the communities they serve. However, community is an elusive concept; it means different things to different people (Magrab 1999). Therefore, achieving community engagement has become increasingly complex. Factors involving community diversity involve more than race and ethnicity. Age, disability, language, literacy, socioeconomic status, and inter-group history are but a few of these factors. A thorough understanding of these factors, as well as respect for their relevance, is essential for effective outreach.

Cultural competence is defined as the understanding and acceptance of the beliefs, values, and ethics of others as well as the demonstrated skills necessary to work with, and serve, diverse populations (Betancourt et al. 2002). It involves an experiential understanding, awareness, and respect for those beliefs, values, and ethics of other cultures and the cross-cultural skills necessary for delivering services and working with diverse individuals and groups. It is the necessary precursor to effective minority outreach.

Historically, professional organizations in health care led the way to institutions and professions addressing their need to be more effective when working with diverse patient and client populations. Cultural competence in the health care industry describes the ability to understand and manage social, cultural, and linguistic differences, which may impact health consequences for minority groups (Betancourt et al. 2002). The field of cultural competence has recently emerged as part of a strategy to reduce disparities in health care. In recent years, the ideals and tools of cultural competence are being mainstreamed into other professions.

Cultural competence extends beyond diversity. Operationally defined, “cultural competence is the integration and transformation of knowledge about individuals and groups of people into specific

standards, policies, practices, and attitudes used in appropriate cultural settings to increase the quality of services; thereby producing better outcomes” (Davis 1997). For example, the Pennsylvania DOT used the services of an intermediary to address the Amish community, because it is a more traditional way of dealing with outsiders. Culturally competent outreach may also include working with translators and interpreters in non-English speaking communities.

Given transit ridership trends, the importance of involving all citizens in the participatory process, and the benefits of collaboration, establishing partnerships with the disability and underrepresented minority communities may ultimately improve transit agency decision making. Transit agencies need guidance in developing such partnerships. For example, challenges often exist in outreach and identifying and engaging members from disability and underrepresented minority communities. Cultural, attitudinal, and language barriers may limit or prevent the participation of individuals from underrepresented communities.

Several sources, as well as the National Center for Cultural Competence, utilize a conceptual framework and model for achieving cultural competence. Cultural competence requires that organizations

- Have a defined set of values and principles and demonstrate behaviors, attitudes, policies, and structures that enable them to work effectively cross-culturally;
- Have the capacity to (1) value diversity, (2) conduct cultural self-assessment, (3) be conscious of the inherent dynamics when cultures interact, (4) acquire and institutionalize cultural knowledge, and (5) develop adaptations to service delivery reflecting an understanding of diversity between and within cultures; and
- Incorporate all of the above in all aspects of policymaking, administration, and service delivery, and systematically involve consumers (Goode 2001).

Cultural competence is an ongoing process and develops over time. Organizations and individuals begin at varying levels of awareness on the cultural competence continuum. As many educational, social, and governmental institutions experience shifting demographics, generational differences and a changing customer base, organizations are identifying best practices for supporting those customers to bridge cultural gaps.

## CULTURALLY COMPETENT STRATEGIES FOR ENGAGING DIVERSE COMMUNITIES

ATR Institute et al. (2010) reported that many agencies are creatively using the processes and examples that current literature identifies, including

- Utilizing the Internet and intranet;
- Using visualizations;
- Holding the meeting in the right place, on the right day, at the right time;
- Leveraging relationships;
- Playing interactive games;
- Taking the time to sit and listen; and
- Using public involvement programs (p. 13).

Nonetheless, challenges still exist in outreach and identifying and engaging members from disability and underrepresented communities. Cultural, attitudinal, and language barriers may limit or prevent the involvement of individuals from underrepresented communities. Other barriers that result in limited participation in transit decision making by these communities are (1) limited resources, (2) lack of educational opportunities, (3) discrimination, (4) limited English skills, (5) fear and distrust of the government, and (6) limited knowledge about transportation and other programs and services (National Association of Conservation 2003, p. 3).

The health care industry has been a leader in outreach to underrepresented communities. Examples of outreach strategies in health care, transit, and urban forestry were included in this review as best practices.

## CHAPTER 3 SURVEY RESULTS

The results of the national survey documented the experiences of transit agencies in reaching and engaging the participation of disability and underrepresented communities with regard to developing partnerships and public involvement. These agencies were identified through the American Public Transportation Association (APTA) and the Community Transportation Association of America (CTAA) databases.

Responses were received from geographically dispersed public transportation agencies in 24 states and 2 Canadian provinces (British Columbia and Ontario). Table 1 lists the number of responses by state and province. The largest number of responses, 12 percent, was reported in California. Of the 81 agencies that responded, 30 are located in

**Table 1** Survey respondents by state/province

State/Province	No. of Respondents
CA	10
TX	7
IL, OH	5
PA, OR, WA	4
AZ, CT, FL, MD, VA	3
MI, MO, NC, TN	2
CO, DC, IA, ID, NJ, NY, UT, WV	1
BC (British Columbia)	1
ON (Ontario)	1

large urban areas; 37 are located in medium-sized cities, and 13 are located in rural areas or small urban communities (the respondents also include the UM Shuttle, the transit system serving the University of Maryland, College Park).

Eighty-one agencies expressed interest in the survey and 56 agencies submitted completed surveys, generating a response rate of 69 percent. In the analysis that follows, the percentages shown represent the percentages of respondents answering a question. Questions that were left blank were excluded when the results were analyzed.

## SCOPE OF PUBLIC INVOLVEMENT

Transportation agencies seek public input for all of their major decision-making activities. This survey identified seven activities in which transit providers involve the public: capital projects, daily operations, fare changes, long-range corridor planning, service changes, environmental justice issues, ADA, and accessibility issues. Respondents were asked to identify activities in which the public is engaged. Seventy-four responses were received from the agencies. Overall, 70 of the 81 agencies (87 percent) engaged the public in service and fare changes; while 64 of the 74 agencies (87 percent) engaged the public in activities related to the ADA and accessibility issues. More than 80 percent of the agencies involved the public in all of the activities. “Other” activities for public engagement included design and construction, major equipment changes, budget hearings, funding, and customer satisfaction.

## TARGET AUDIENCES

Community outreach is a critical factor in the success of transportation services that reflect the ideas and culture of the entire community and that allow all to share ideas that reflect their interests. Transit agencies were asked to identify the target audiences for public involvement activities. The results revealed that transit agencies attempt to reach a diverse audience that includes people with disabilities, seniors, and underrepresented minority groups. While 97 percent of the agencies (n = 71) responded that they typically target regular and frequent riders, an average of 92 percent of the agencies include people with disabilities and seniors in the targeted populations.

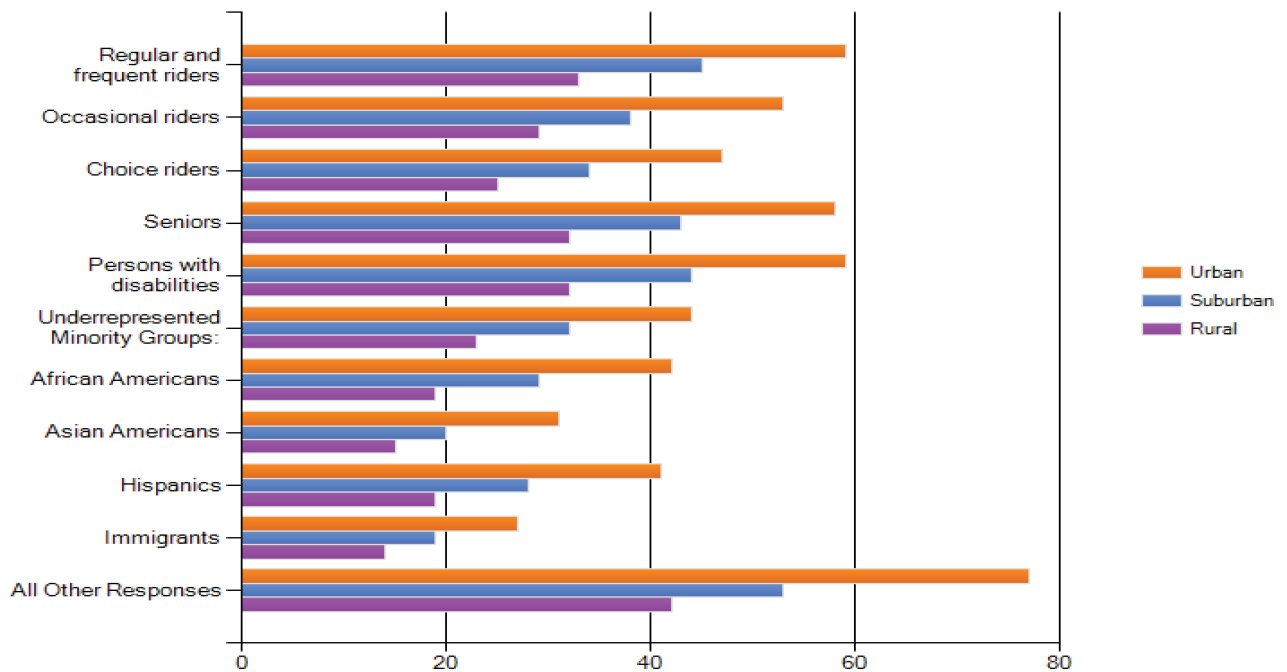
More than 60 percent of the agencies included underrepresented minority groups in their target audiences (see Figure 1). “Other” target audiences included community-based organizations, visitors, welfare to work participants, potential riders, human services and nonprofit agencies, employers, colleges, students, local public schools, churches, hospitals, parents, and other transit agencies. Eighty percent of the agencies reported that community-based organizations are used to help identify the targeted audience.

## DISABILITY AND UNDERREPRESENTED MINORITY COMMUNITIES

### Identifying the Disability Community and Underrepresented Groups

Transit agencies were asked to identify the strategies used to attract disability and underrepresented minority groups. The results reveal that the agencies use a combination of strategies to identify members of the disability and underrepresented groups (see Figure 2). The majority of the agencies relied on these organizations to inform and attract these targeted audiences (see Table 2).

Transit agencies have historically recognized the value of citizen input; and citizen or customer advisory committees are a commonly used mechanism for public outreach, involvement, and participation. More than half of the respondents reported using consumer advisory councils to attract the disability and underrepresented communities. Sixty-seven percent of the agencies also reported using ridership statistics to identify the target audiences. Other responses included local jurisdictions, employee



**Figure 1** Target audiences for public engagement.

interaction with the public, public officials, rider alerts, signs on buses and paratransit vehicles, and universities.

### Barriers to Engagement

Cultural, attitudinal, and language barriers may limit or prevent the involvement of individuals from underrepresented communities. Other barriers that result in limited participation in transit decision-making by these communities are (1) limited resources; (2) lack of educational opportunities; (3) discrimination; (4) limited English skills; (5) fear and distrust of the government;

and (6) limited knowledge about transportation and other programs and services (National Association of Conservation 2003, p. 3).

Transit agencies were asked to identify the significance of barriers to engaging the disability and underrepresented communities. Fifty-nine responses were received from public transit agencies. They were asked to indicate if the barrier was highly significant, very significant, moderately significant, somewhat significant, or not significant. A “not applicable” response option was also provided as shown in Figure 3.

Two of the agencies (3 percent) reported cultural and language barriers were highly significant in engaging disability and underrepresented communities, compared to 19 percent who reported that these were not significant barriers. Overall, 19 of the 59 agencies (33 percent) indicated that lack of public interest had a very significant impact on engaging the disability and underrepresented communities. Another 8 agencies (14 percent) indicated that this barrier was moderately significant. In addition, 25 of the 59 agencies (42 percent) identified lack of trust as a somewhat significant barrier. Lack of understanding was also reported as a somewhat significant barrier by 19 agencies (34 percent). Almost half of the

**Table 2** Targeted underrepresented groups

Underrepresented Groups	No. of Agencies
African Americans	44
Asian Americans	31
Hispanics	44
Immigrants	27
American Natives	28
Limited English Proficiency	39



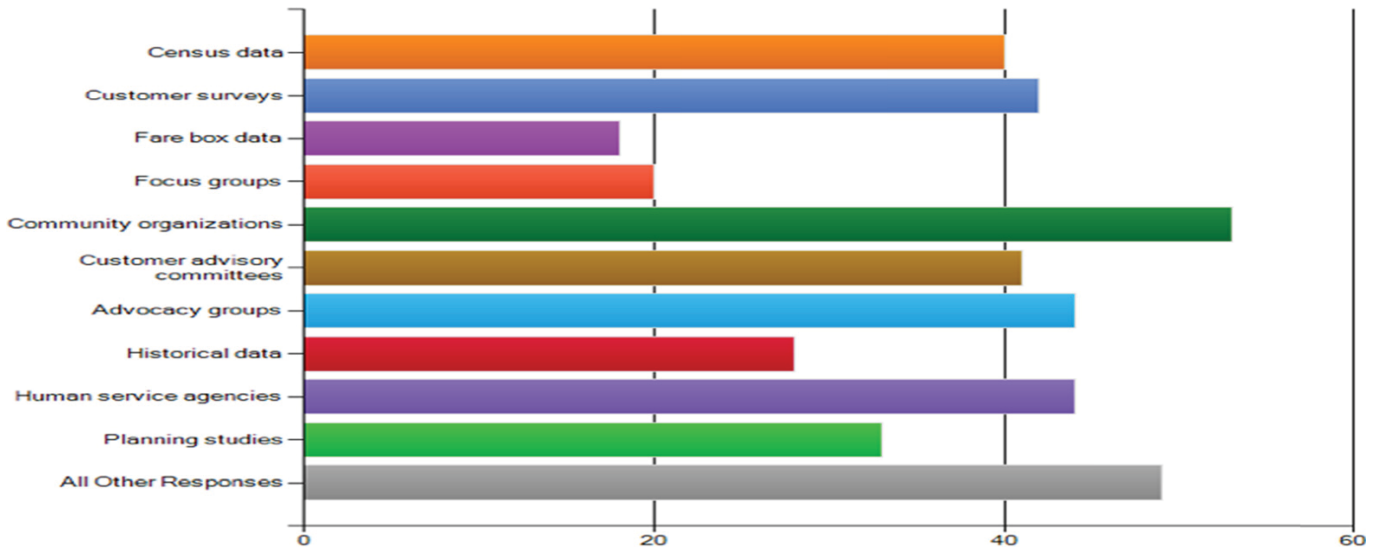


Figure 2 Strategies for identifying disability and underrepresented groups.

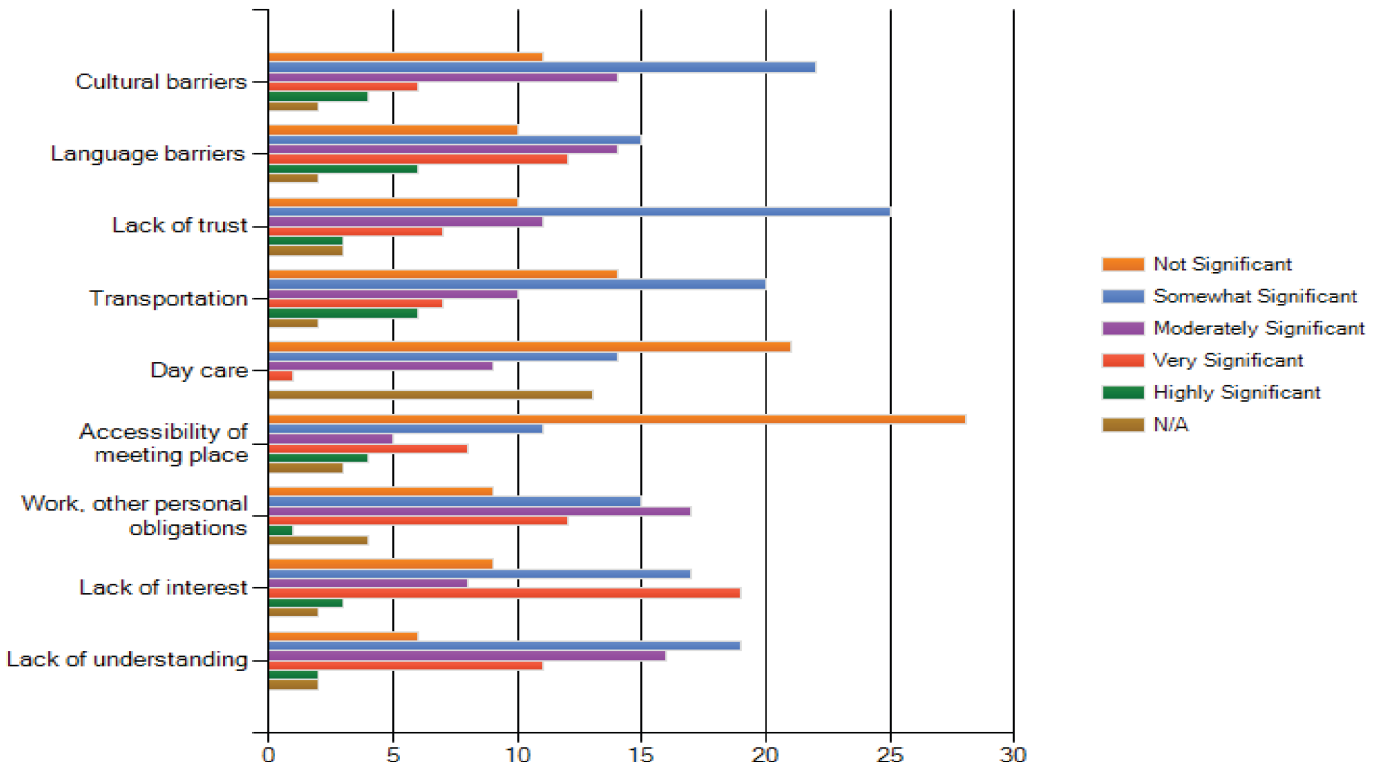


Figure 3 Significance of barriers.

agencies indicated that accessibility of the meeting place was not a significant barrier.

## OUTREACH STRATEGIES FOR PUBLIC INVOLVEMENT

Transit agencies reported using a variety of the following techniques to engage the disability and underrepresented communities:

- Community organizations,
- Advocacy organizations,
- Community partnerships,
- Transit agency advisory committees,
- Disability organizations,
- Church or religious organizations,
- Community leaders elders,
- Family members,
- Tribal leaders,
- Bilingual minority staff,
- Neighborhood staff and associations,
- Minority outreach coordinators,
- Targeted radio/TV ads, and
- Community newsletters.

The five most widely utilized strategies for engaging underrepresented communities were outreach to (1) disability organizations (92 percent); (2) community organizations that provide information and receive public input on transportation issues (90 percent); (3) advocacy organizations (85 percent); (4) transit agency advisory councils (82 percent); and (5) community partnerships (80 percent).

Other strategies included using elected and government officials, community newsletters, social media, targeted newspaper ads (translated for Low English Proficiency [LEP] communities), direct mail, telephone-based translation for LEP inquiries (i.e., a “language line”), translated material, language blocks on printed material, on-the-street and onboard representatives, flyers and posters, websites and social media, mass emails, and other media, such as newspapers, television news media, letters, and notices. Forty-six percent of the agencies hire bilingual minority staff and 21 percent of the agencies have minority outreach coordinators on staff.

### Successful Outreach Strategies

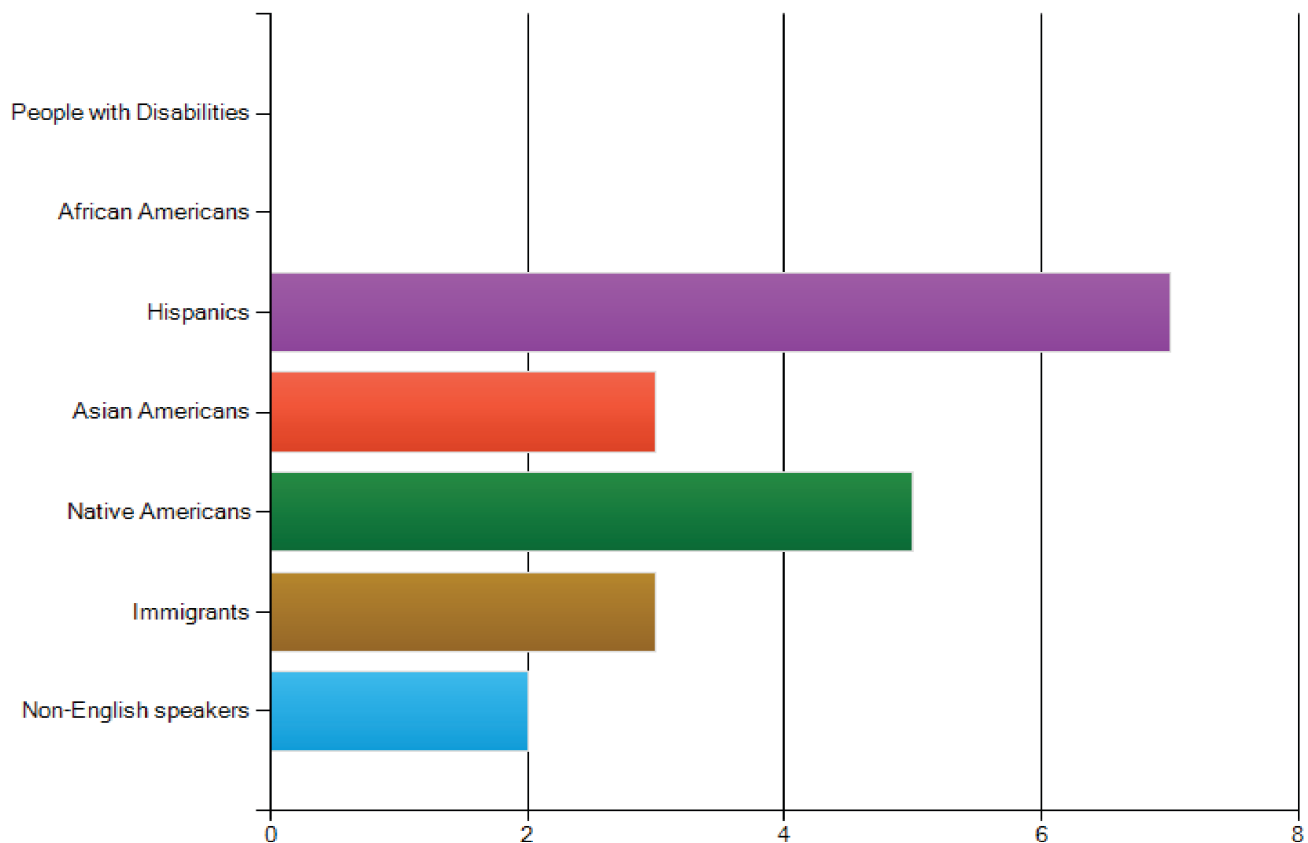
The majority of respondents reported that their outreach strategies are 100 percent successful when

reaching out to the disability and African American communities. The strategies below were identified as the most successful:

- Techniques for involving people with disabilities
  - Advisory committees,
  - Advocacy organizations,
  - Disability organizations, and
  - Transit agency advisory committees.
- Techniques for involving African Americans
  - Community and neighborhood organizations,
  - Churches and community leaders, and
  - Outreach at targeted transit centers.
- Techniques for involving Hispanics
  - Community and neighborhood organizations,
  - Media,
  - Bilingual staff, and
  - Outreach at transit centers.
- Techniques for involving Asian Americans
  - Community and neighborhood organizations, and
  - Outreach at targeted transit centers.
- Techniques for involving LEP communities
  - Community and neighborhood organizations,
  - Bilingual staff,
  - Minority media outlets, and
  - Translated materials.
- Techniques for involving other immigrants
  - Community organizations,
  - Advocacy organizations, and
  - Social service agencies.

### Unsuccessful Outreach Strategies

The transit agencies were asked to rate their success in reaching the disability and underrepresented communities. Only 13 of the 81 agencies responded to this question. Although the majority of respondents reported that most of the strategies are somewhat successful, 54 percent of the responding agencies reported that the strategies are unsuccessful when reaching out to Hispanics. Agencies reported that, although information is available in Spanish, many Hispanics do not read or write Spanish. Due to lack of trust and because some Hispanics are illegal immigrants, many are reluctant to attend government-sponsored events. In this regard, staff on board the bus is proving to be the best method of conveying targeted information to this segment of the community. Responses are reported in Figure 4.



**Figure 4** Unsuccessful outreach efforts by group.

With regard to Asian Americans and other immigrants, 23 percent of the respondents reported success to an extent, but found that communicating with the specific audience and the varied languages have been the greatest challenges. The responding agencies (39 percent) believe that policies set by the government and failure to use public transit services hampered outreach to Native Americans.

Fifteen percent of the respondents reported that their outreach strategies are unsuccessful when reaching out to the LEP populations.

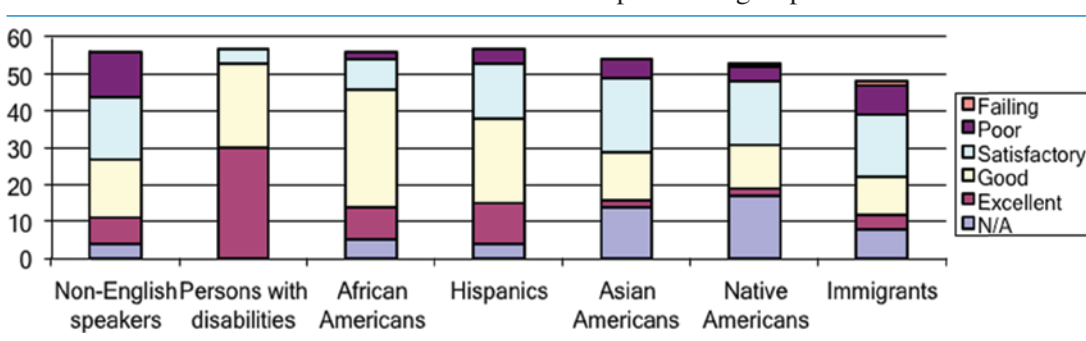
### Effectiveness of Outreach Efforts

Transit agencies were asked to rate the success of their efforts at reaching and engaging the participation of disability and underrepresented minority groups. More than half of the respondents rated success at reaching the disability community as excellent; 57 percent rated success at reaching African Americans as good, and 41 percent rated success at reaching Hispanics as good. Outreach

to other underrepresented groups—Asian Americans (38 percent), Native Americans (33 percent), and immigrants (36 percent) were rated as satisfactory. Six respondents offered comments that included “no data” and an “insignificant population of Asian Americans, Native Americans, or other immigrant populations.” Forty-five percent of the respondents rated the overall effectiveness of outreach efforts as good (Table 3).

### PARTNERSHIPS AND COLLABORATIONS

A partnership is a mutually beneficial relationship that builds synergistically on the time, talent, and resources of participants to achieve common goals and measurable outcomes and where all partners share in the decision-making process and responsibility for outcomes (Bureau of Land Management 2003). More than 90 percent of the agencies described their relationships with disability and underrepresented groups as partnerships. Common themes emerged with respect to partnerships when

**Table 3** Effectiveness of outreach for each underrepresented group


analyzing respondents' comments. Examples of those comments are listed within the following discussion of each question.

### Strategies for Developing Partnerships

Sixty-five percent of the respondents answered this question. Twenty-five of those respondents reported that their primary means of developing partnerships with the disability community were crucial to connecting with other minority groups. Several respondents explained that their relationships with disability advisory committees provided links to other underrepresented groups. In most cases, these relationships began with respect to paratransit issues. Transit agencies are required to engage the disability community concerning changes to paratransit service through meetings and public hearings. According to respondents, this targeted outreach often provided opportunities to connect to additional minority groups. The transit agencies that considered their partnerships successful were strategic in their outreach approach. They leveraged the relationships they formed with the transit advisory group and recognized the value in these collaborations.

In addition, 11 transit agencies reported that open communication with their stakeholders was key to developing partnerships. Nine agencies rely on their relationships with advocacy groups and five respondents utilize culturally competent strategies that address the linguistic needs of non-English speaking communities. One respondent's comments were categorized as "Other." Responses are listed in Table 4.

Respondents were asked to provide comments regarding the development of their community partnerships. Exhibit 2 presents these comments.

### Key Factors in Establishing Partnerships

Sixty-five percent of the agencies also answered this question regarding the ongoing process of establishing partnerships with minority and disability communities. Fourteen respondents reported that communication was the primary factor necessary in establishing partnerships. Twenty-three percent also reported the importance of maintaining relationships with community organizations. Nine respondents cited mutual trust as a necessary approach in forming partnerships.

Many responses overlap several categories. Seven agencies cited that meeting the needs of the community enabled them to establish successful partnerships. For five respondents, gaining input and feedback from stakeholders was the primary method of establishing partnerships. One agency reported that including underrepresented groups in the decision-making process proved successful. Responses are listed in Table 5.

Survey data and information from additional literature review were used (1) to define partnerships and collaborative relationships for the purposes of this research; (2) to investigate criteria to evaluate success; and (3) to identify key success indicators

**Table 4** Strategies utilized to develop community partnerships

Strategy	No. of Agencies
Strategic Outreach	25
Communication	11
Advisory Groups	9
Cultural Competence	5
Identifying Key Stakeholders	2
Other	1

**Exhibit 2** Comments on Development of Community Partnerships

## Strategic Outreach

- “We use a strategic community engagement approach for every outreach effort, where our relationships built within one effort extend and become stronger from one effort to the next. This approach includes using data and community knowledge to design appropriate and targeted outreach to affected populations.”
- “Our department (Transportation Services) partnered with the university’s Disability Support Service Office to utilize their expertise in providing necessary services to those with disabilities on our campus. The Disability Support Service Office handles certifying students/faculty/staff for our paratransit service as well as advertising our paratransit service to disabled persons who might deal with their department for other needs.”
- “Our partnership with the disability population stemmed from our having to restructure our paratransit program. This required we engage the disability community through meetings, presentations before advocacy groups, etc. Because a significant number of our transit riders are represented by minority groups, specifically Blacks and Hispanics, we have maintained close relationships with these communities to include sub-groups.”
- “Primary partnership is with the elderly and disabled. Partnership developed when local paratransit was taken in-house to be administered directly by the transit district.”
- “From an individual meeting with a group discussing their transit concerns. Eventually the two agencies respond to each other and involve each other in different activities where one organization could support the other. For example, a disability organization has been invited to become a member of the transit agency consumer group.”
- “We are in the process of coordinating with Affordable Housing Managers (35) to offer free ride tickets to new residents. In exchange Mgrs., are required to keep local and regional transit info onsite, conduct annual transit fairs in their community room (snacks included). We also attend monthly meetings of the Livermore Community Needs Networking Group to discuss issues that affect this segment of the population. Members represent social services that provides services to seniors, minorities, and disabled citizens. LAVTA also recruited Hispanic mini-markets to sell Wheels Discounts tickets at their locations. In exchange, LAVTA promotes these businesses in the bus fleet and in the Transit Guide.”
- “Worked with social service providers, leaders in the community, minority press and minority chambers of commerce. Followed Title VI guidelines, hired coordinator of limited English proficiency. Routinely print agency information in multiple languages.”
- “Identified key community-based organizations with which to partner based on their successful outreach track records for targeted audiences.”

## Relationships with Advisory Groups

- “There is a community organization called the Power of We that we are a part of.”
- “We have a standing Customer Service Advisory Committee and Accessibility Advisory Committee. The former has been in place for a few years while the latter has been in existence for 20 years.”
- “For the disability community, ATA has worked closely with an agency called LIFT (Life and Independence for Today). They are an agency that deals with persons with disabilities.”
- “Through an advisory group, community meetings, and relationships with advocacy groups.”

**Exhibit 2** (Continued)

<p><b>Identifying Key Stakeholders</b></p> <ul style="list-style-type: none"> <li>• “Formation of a Paratransit Coordinating Council (PCC), an oversight group comprised of key ADA community stakeholders that advises our Transit Board on our ADA services, service quality, and policy issues.”</li> </ul> <p><b>Cultural Competence</b></p> <ul style="list-style-type: none"> <li>• “Ongoing efforts to conduct outreach and build on successes; designated staff assignments; hiring practices that result in representation of minorities that exceeds that in general population; Diversity Council within the organization and linked to other community agencies; proactive inclusion at early stages of project development; foster culture of accessibility with organization through training.”</li> </ul>
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(actions and initiatives) that contribute to the development of successful relationships. These criteria were compared to the partnerships/collaborations identified as best practices inside and outside of the transit industry.

Community involvement is crucial to the success of transportation agencies and required by law. However, reaching out to underrepresented communities and obtaining their input can be challenging. This survey of public transit agencies revealed that

- Transit agencies engaged the public most often with respect to service and fare changes and
- These agencies reach out to regular and frequent riders, especially those with disabilities and seniors.

In addition, the majority of the agencies surveyed reported that they work with community organizations to help identify their targeted audi-

ence. African Americans and Hispanics are the largest minority groups targeted, because they often represent the largest percentage of frequent riders.

Customer surveys and ridership statistics are useful in identifying target audiences for outreach and public involvement. Disability and community organizations, as well as advocacy groups, are most valuable in this process because key leaders within these organizations are best equipped to identify the needs of each respective community.

Cultural, attitudinal, and language barriers often limit or prevent the involvement of individuals from underrepresented communities.

Respondents reported 100 percent success when reaching out to the African American and disability communities. Effective outreach strategies often involve a variety of techniques and approaches. Outreach to Spanish-speaking, Asian-American, and Native-American target audiences was reported as difficult. Transit agencies cited language barriers, mistrust of government, and failure to use public transit as barriers to reaching these communities.

More than 90 percent of the agencies surveyed referred to their community relationships as partnerships. These agencies are often strategic in their approach in developing, establishing, and sustaining these relationships. Establishing open communication, trust, meeting the needs of the community, and maintaining relationships with disability and consumer advisory councils are examples of the key factors cited.

The literature is replete with successful partnerships in health care, education, labor, land use, and environmental industries. These relationships are referred to as partnerships or community collaborations. Partnering means to work together to create

**Table 5** Key factors in establishing community partnerships

<b>Key Factors</b>	<b>No. of Agencies</b>
Communication	14
Community organizations	12
Mutual trust	9
Meeting needs of the community	7
Stakeholder input	5
Attention to diversity	3
Include stakeholders in decision making	1
Other	1

a common vision and implementation strategy that collectively solves problems. It involves “pooling resources (information, money, and labor) and developing collaborative relationships among various stakeholders using a consensual decision-making process” (Bureau of Land Management 2003, para. 10). Successful partnerships possess a clear mission, focus on actions that produce the intended results, and monitor and evaluate impact (London 1995).

### Partnerships

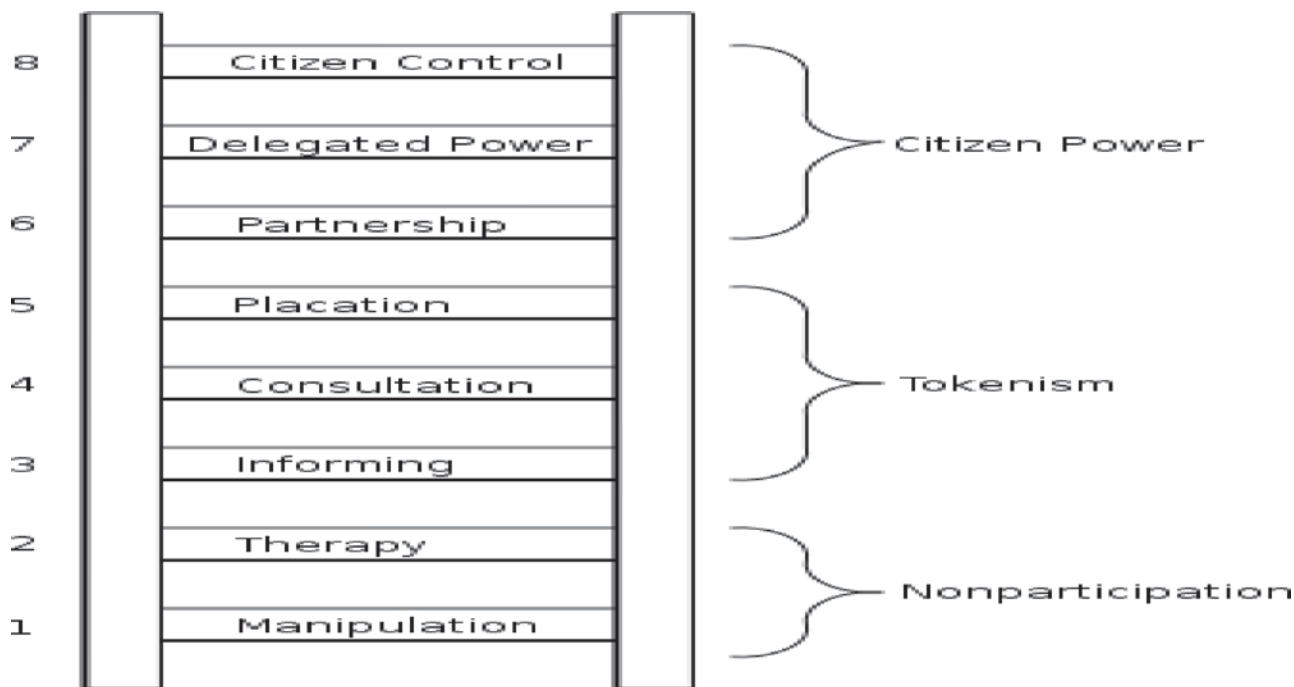
The Bureau of Land Management (2003) describes a partnership as a relationship that (1) shares a vision or definition of objectives from the beginning; (2) recognizes the need for collaboration and a consensual decision-making process; (3) has a goal of building trust among diverse stakeholders; (4) has strong leadership; (5) is committed to making the partnership work; (6) ensures everyone has equal power; (7) has a clear understanding of the expectations of the partnership; and (8) has good communication that strengthens commitment, builds trust, and fosters mutual respect.

According to Arnstein (1969), “[a] partnership can work most effectively when there is an organized power-base in the community to which the

citizen leaders are accountable; when the citizens group has the financial resources to pay its leaders reasonable honoraria for their time-consuming efforts; and when the group has the resources to hire (and fire) its own technicians, lawyers, and community organizers. With these ingredients, citizens have some genuine bargaining influence over the outcome of the plan (as long as both parties find it useful to maintain the partnership).” Consequently, a partnership includes shared leadership with stakeholders possessing equal power in the decision-making process.

Arnstein (1969) also stated, “there is a critical difference between going through the empty ritual of participation and having the real power needed to affect the outcome of the process” (para. 8). She defines citizen participation as the redistribution of power that enables the have-not citizens, excluded from the political and economic processes, to be deliberately included in the future. In *A Ladder of Citizen Participation*, she discusses eight types of participation to use as a guide for determining who has power when important decisions are being made. The different types of participation are discussed in this section.

As shown in Figure 5, the rungs of the ladder range from “manipulation” to “citizen control.”



Source: Arnstein, 1969

**Figure 5** Arnstein’s Ladder of participation.

On the bottom of the ladder are two forms of non-participation: manipulation and therapy. Therapy pretends to involve people in planning in order to help those people feel better about themselves; manipulation is also a facade of participation and is concerned with educating people or getting them on board. The next three levels are degrees of tokenism. Informing involves the use of the media, pamphlets, and posters to provide a one-way flow of information. Consultation allows citizens to express their views but there is no guarantee that those views will be considered or taken into account. Placation allows some influence to citizens through token membership on committees or boards. The three highest levels, partnership, delegated power, and citizen control, which involve real participation, involve a redistribution of power and decision-making clout (Beder 2001).

Using Arnstein's Ladder as a framework, "partners work cooperatively, build upon mutual interests, and share resources to work toward shared objectives to accomplish work. They work together to find appropriate solutions to complex and interrelated social, economic challenges . . . different partners bring different strengths to the partnership and these are applied at different times in the life of the partnership" (Bureau of Land Management 2003).

## Collaboration

The goal of a community-based partnership is to build a strong, place-based, collaborative process, where people of different backgrounds meet to seek common ground. Collaboration is the most formal relationship involving shared authority and responsibility for planning, implementation, and evaluation of a joint effort (Hord 1986). Mattessich (2005) defines collaboration as a mutually beneficial and well-defined relationship entered into by two or more organizations to achieve common goals.

Wood and Gray (1991) define collaboration as a process that "occurs when a group of autonomous stakeholders of a problem domain engage in an interactive process, using shared rules, norms, and structures, to act or decide on issues related to that domain" (p. 146). Decisions in collaborative forums are consensus oriented (Connick & Innes 2003, Seidenfeld 2000). Although public agencies may have the ultimate authority to make a decision, the goal of collaboration is typically to achieve some degree of consensus among stakeholders (Ansell & Gash 2008).

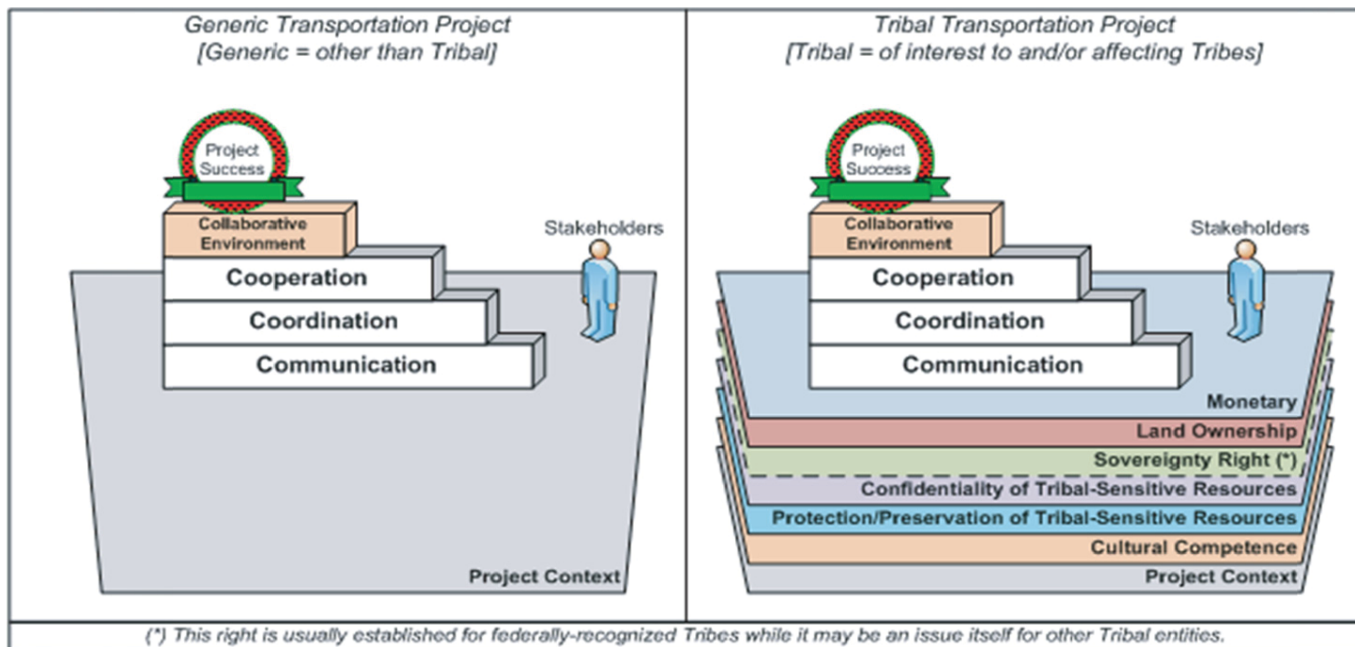
In a recent study (2011), Migliaccio et al. identified best collaboration practices for facilitating communication, cooperation, and coordination (the 3Cs) between transportation agencies and tribes. The following definitions were developed for each of the 3Cs:

- **Communication:** Process by which information, data, or knowledge regarding issues and projects is exchanged, so that it is satisfactorily received or understood by the receiving parties.
- **Coordination:** Process by which representatives communicate information on how and when each party must act in order to achieve effective common results.
- **Cooperation:** Process by which representatives work together to achieve a common goal or objective in carrying out transportation planning, programming, and delivery processes.

A collaborative environment ensures a successful environment for reaching shared goals by communicating, coordinating, and cooperating with each other, which, in turn, enables collaboration. Within the framework of these definitions, a ladder of collaboration (Figure 6) was developed to demonstrate the relationship-building process as the steps progress from communication to coordination, and from coordination to cooperation.

1. Communication is the first step in creating a collaborative environment among stakeholders through the sharing and receiving of information between parties. Cultural competency is essential to interact effectively with people of different cultures.
2. The second step for creating a collaborative environment is coordination, which encompasses the development and adjustment of plans, programs, and schedules among parties to achieve a common purpose. Effective coordination requires communication and information on how and when each party must act together with a commitment for following through.
3. The third step on the ladder of collaboration is cooperation that goes beyond coordination as parties work together to achieve a common goal or objective in carrying out transportation planning, programming, and delivery processes. As a result, parties would work in conjunction with one another





Source: ATR Institute et al. (2011)

**Figure 6** Ladder of collaboration.

and eventually share resources to achieve success. This ladder is easily transferable to generic transportation projects (i.e., the relationship between consumer advisory committees and transportation officials).

Engaging a community in decision making requires collaborative leadership (Wolff 2010). A successful collaborative leader has the ability to share power, is flexible, can see the big picture, is trustworthy, and has patience, abundant energy, and hope. Common characteristics of an effective collaborative relationship (Czajkowski 2007) include the following:

- Trust and partner compatibility,
- Common and unique purpose,
- Shared governance and joint decision making,
- Clear understanding of roles and responsibilities,
- Open and frequent communication, and
- Adequate financial and human resources.

Abundant evidence suggests that these relationships are mutually beneficial and have been credited with garnering citizen support for organizational goals, bridging the gap between the organizations and diverse cultures, and facilitating institutional change.

## PARTNERSHIPS IN TRANSIT

The issue of whether the advisory committee should possess policy-setting and decision-making authorities or remain strictly advisory organizations is a longstanding debate. Many consumers support a policy-setting, decision-making model that could set transit policy (Denson 2003); while other consumers are satisfied to receive feedback on their recommendations, which gives them the sense that their input is valued:

“It’s not so much that we have to have a vote . . . we just want to know that you looked at what we wrote and that you give us feedback on our input. We know we have no power. . . . Just give us feedback and results from the input” (TCRP H-44 Project Panel 2011).

According to FHWA and DOT (2002), a citizen advisory council has the following basic features:

1. Interest groups from throughout a state or region are represented,
2. Meetings are held regularly,
3. Comments and points of view of participants are recorded,
4. Consensus on issues is sought but not required, and
5. The council is assigned an important role in the process.

There is wide variation in the make-up and organizational structure of citizen advisory committees. Most are described as a representative group of citizens or stakeholders that meets regularly to discuss issues of common concern (Hull 2010). Membership can be derived from an outreach campaign, a competitive selection process, or appointment by the transit agency. Committee members usually possess background and/or experience in the topics about which they will be advising. Membership is diverse in its representation of the community and/or constituency that it represents.

Partnership membership is usually through designation or appointment. In effective partnerships, partners share a common vision and goals and recognize the need for collaboration for achievement. Partners are egalitarian (have equal power), understand and respect what everyone brings to the table, and usually have the authority to make decisions for the entity that they represent. Effective partnerships have a strong leader who champions the partnership and its vision and goals. Many partnerships are established and operate according to a memorandum of understanding (MOU) or cooperative agreement (CA).

While advisory committees are usually established with a mission statement, purpose, goals, objectives, and almost all operate according to bylaws, operating guidelines, and/or procedures or other protocol, research indicates that in the majority (77 percent) of transit agencies, the primary role of advisory committees is to provide advice and input for transit decision-making (Hull 2010). It is important to note that transit advisory committees **are not** actually involved in the decision-making process. Although considered a valuable part of the public involvement process, it is clear that, for the most part, committees serve an advisory role only.

Chrislip and Larson's (1994) definition of collaboration is more appropriate for describing the citizen advisory committee's relationship with transit agencies because it focuses on a process, distinct from a program, agenda, or outcome, and looks at the very process by which we arrive at political choices. Collaborative relationships often share some basic characteristics, as follows:

1. Problems are not clearly defined or there is disagreement about how they should be defined.

2. Some stakeholders have a stake in the problems and are interdependent.
3. Stakeholders are not necessarily organized in any systematic way.
4. There may be a disparity of power and/or resources for dealing with the problems among the stakeholders.
5. Stakeholders may have varying levels of expertise and different access to information about the problems.
6. The problems are characterized by technical complexity and scientific uncertainty.
7. Differing perspectives on the problems may lead to adversarial relationships among the stakeholders.
8. Incremental or unilateral efforts to deal with the problems typically produce less than satisfactory solutions.
9. Existing processes for addressing the problems have proved insufficient.

Ultimate authority may lie with the transit agency, but stakeholders must directly participate in the decision-making process. Therefore, advisory committees may be a form of collaboration if their advice is closely linked to decision-making outcomes. In practice (and by design), however, advisory committees are often far removed from actual decision making (Ansell & Gash 2008).

Adams et al. (1995) used Arnstein's Ladder to display levels and types of citizen involvement, including citizen committees. Table 6 illustrates the types of citizen participation government agencies [transit agencies] typically adopt when seeking public input.

There is no single approach to engaging underrepresented groups and people with disabilities in the public involvement process. The strategies are often as diverse as the communities they serve, and "success" is defined on an individual basis. "The ideal outcome of any public involvement process is to generate public consensus on, and ownership of, a plan or project."

Throughout the research, the role of a transit consumer committee is described as advisory or providing input or recommendations into the transit decision-making processes. In addition, federal guidance and handbooks refer to consumer committees as advisory (Hull 2010). According to FHWA and DOT (1996), "some boards make decisions; others help formulate policies." Citizens on policy

**Table 6** Levels and types of citizen participation

Citizen Participation Types	Citizen Participation Models	Examples
Proactive Participation Involvement	Citizen Control Delegated Control Partnership	Community-controlled organization By law—dominant decision-making Negotiated decision-making—participants may receive compensation
Reactive Participation Input	Placation  Consultation  Informing	Citizen advisory boards—often without staff or power Public meetings inviting ideas—no assurance of action Informing of rights—first step to participation, but often superficial
Non-Participation	Therapy  Manipulation	Powerlessness—inability to cope or adapt; group therapy masked as participation Rubber stamp boards, public relations for system—contrived to substitute for participation

Source: Adams et al. (1995)

and decision-making boards are established by statute, regulation, or political decision. On the other hand, a citizen advisory committee is a group of stakeholders that meets regularly to discuss issues of common concern. The committee provides input to transportation planning development by examining and discussing issues with others; they serve in an advisory capacity. Consensus is desired, but not required.

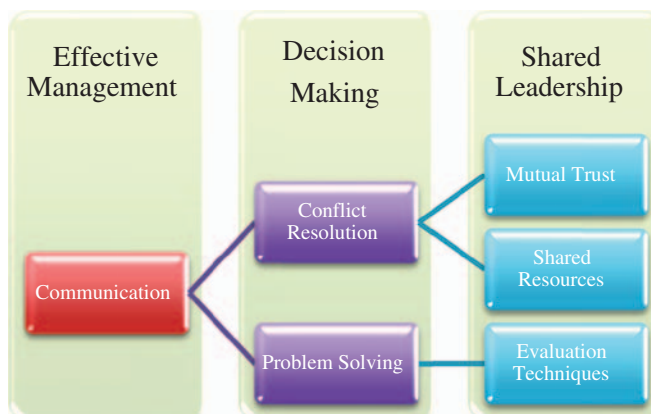
Although a majority of survey respondents described their community relationships as partnerships, rarely do transit advisory committee relationships include decision-making power, nor do they align with the themes identified in the research as characteristic of “true” partnerships. The research clearly demonstrates that advocacy/advisory roles are dominant among transit and consumer advisory committees versus true decision making.

### KEY SUCCESS INDICATORS

Key factors for establishing effective partnerships identified by the research revealed that communication is the primary factor necessary for establishing partnerships. Key factors also included maintaining relationships with community organizations and mutual trust. Characteristics of effective partnerships identified are displayed in Figure 7.

- **Effective management:** Well-organized meetings, collaboratively developed agendas, and consistent facilitation are essential.

- **Communication:** Two-way open exchange of information.
- **Decision-making:** Decisions should be flexible, made by consensus, and include a participatory process.
- **Conflict resolution:** Partners should not only recognize and address conflicts, but possess a means by which to solve them.
- **Problem-solving processes:** Agreed-upon processes.
- **Shared leadership:** The stakeholders should have equal power and influence, including task and leadership behaviors.
- **Mutual trust:** Trust is necessary for generating meaningful participation.
- **Shared resources:** Information, money, labor.



**Figure 7** Characteristics of successful partnerships.

- **Evaluation techniques:** A collaborative evaluation of both task/goal and process objectives is necessary to measure effectiveness (Schulz, Israel & Lantz 2002, p. 251).

## Leadership

Leadership is crucial for setting and maintaining clear ground rules, building trust, facilitating dialogue, and exploring mutual gains (Ansell & Gash 2008). The majority (90 percent) of the survey respondents referred to their collaborative relationships as partnerships, as is the common practice. Although these relationships are coordinated in some instances and collaborative in others, none of them actually share leadership. The leadership is unilateral and control is central (Mattessich 2001), which is characteristic of a less formal relationship.

Authority and leadership rest solely with the transit agencies involved. Citizen advisory committees have influence and may hold the agency accountable to some degree, but the final decisions are made by transit. In practical use, “collaboration” and “coordination” are used interchangeably. In most scholarly writings, these terms have more distinct meanings. The literature defines coordination as slightly more formal than cooperation with more clearly defined roles for individuals and organizations. Authority and risk rest with the participating organizations, while leadership is shared to some degree. Collaboration is the most formal relationship, where resources, risk, and leadership are shared among all involved (Mattessich 2001).

## Communication

Open communication is probably the most important element of any successful partnership or collaboration. Communication is, however, a complicated process, and a great deal can go wrong. Communication has both an internal and an external role in the formation of partnerships and collaborations. It begins with outreach strategies and connecting with the targeted audience. This type of “networking” between policymakers and stakeholders is a crucial step in the collaborative process and the flow of information (Migliaccio et al. 2011). Both the literature review and survey results revealed the importance of tailoring messages to

their respective groups through websites, newsletters, and social media relevant to each audience. The most effective outreach strategies produced materials in several formats, Web, and paper, as well as alternate formats for people with disabilities and low English proficiency.

Effective communication, where the stakeholders’ voices are heard and roles are clearly defined, creates a sense of ownership. Public ownership is key to gaining buy-in when decisions are made and policy is affected. This internal flow of communication must also include operational structures of the collaboration, constraints and rules of engagement for meetings, and interactions. External communication should include a communications strategy for ongoing outreach linked to the overall strategic plan.

## Trust Building

Mutual trust is an essential component and a primary objective of the public involvement process. Transit agencies must gain the public’s trust to generate meaningful participation. The issue of trust and its importance in developing partnerships and collaborations is evidenced by both the literature and survey results. Survey respondents reported that trust, as well as listening to diverse viewpoints, was essential in forming their relationships with stakeholders. Establishing trust requires time and open communication and is earned through the collaborative process (Bureau of Land Management 2003).

Building trust with the public also requires respecting and understanding cultural differences (cultural competence). Establishing trust between communities that may traditionally be skeptical of government is a common obstacle in the formation of partnerships. There often exists an understandable mistrust toward members of the dominant culture by historically oppressed and or underrepresented groups. Transparency at the agency level and communication and respect for cultural differences are essential when reaching out to these communities. Withholding information can cause a distrustful relationship between the public and the agency, as well as disenchantment with the public participation process (Giering 2011). This distrust may discourage groups from participating in the public process.

## UNSUCCESSFUL PARTNERSHIPS

Transit systems can often operate in silos, even when “reaching out” to the community. The lack of transparency and openness can derail the trust-building process with underrepresented communities and possible stakeholders. To form a true partnership requires collaboration and equal decision-making power, for lack of a better word. Citizens in advisory roles are often involved too late in the process, after the agency and influential participants have defined the problem and narrowed the range of possible choices (Schachter & Liu 2005).

In addition, there may exist a technical “industry” language of expertise, which can alienate community participation from transit and technologically oriented policy issues. “When administrators believe that quality decisions require a language of expertise, they are often ambivalent about citizen participation” (King et al. 1998). In a true partnership, the experts and community stakeholders define the problem together. In reality, the experts often possess the sole ability to define problems, which excludes the voice of the community from the policy process. The transit agencies determine the priority of the issues, which may include public involvement, but late in the process. “Early citizen participation benefits the process because it introduces new knowledge and ideas” (Schachter & Liu 2005).

Causes of dysfunctional partnerships identified throughout the research include the following:

1. There is a lack of shared vision, goals, and interests.
2. There is no sharing of responsibility, accountability, or benefits.
3. There are inequalities in the levels of expertise and resources.
4. The people with the expertise will influence the decision.
5. One person or entity drives the process.
6. There is hidden motivation, which is not clear to all involved.
7. The collaboration was formed for appearances.
8. The stakeholders lack appropriate training to truly understand the issues and technical information (if technical information exists).

The Bureau of Land Management (2003) includes the following as characteristics of unsuccessful partnerships:

- Lack of understanding and trust,
- Lack of accomplishments,
- Lack of program consistency, and
- Lack of commitments.

In addition, the Bureau of Land Management also stated that the majority of the obstacles related to forming partnerships are administrative, including agency culture, internal policies, staffing, training, budgeting, and reporting systems.

Thirteen of the 81 survey respondents answered this question. The responses provided data on unsuccessful strategies with specific underrepresented groups, but provided little to no data regarding the success of their strategies or the strength of their community relationships. In this regard, the literature is also limited to the actual formation of true community partnerships in transit. Additional data, possibly anecdotal and historical experience, is needed to develop a matrix of successful and unsuccessful partnerships that describe the reasons for success or failure. At this point, the research suggests that building community relationships and defining success or failure will reflect the context of the community; what works in one community may be different from what works in another community.

## EVALUATION CRITERIA

Evaluation of consumer advisory committees will help transit agencies determine if the committee is achieving its stated goals and identify whether strategies and processes are working. There is no single definition of successful public involvement, although a measure of effectiveness is essential. Successful public involvement can be judged purely based on outcomes; the results determine the effectiveness of the participatory means. This approach is often difficult because other variables (local elections, controversy in the community, etc.) may contribute to the level and effect of participation. “Success” can also be defined in terms of the participatory process, with respect to issues such as fairness, group dynamics, and procedures. The ideal measure of success is a balance of process and outcome. Developing a single definition is often problematic because of the diversity of perspectives about the goals of public participation (Chess & Purcell 1999).

Federal guidance for evaluating public involvement provided by FHWA and DOT (2002) suggests that agencies ask participant advisors if a technique

is appropriate or rewarding or meet with community advisors to get a sense of the best methods of getting feedback and comments and resolving conflicts. According to Szyliowicz (2002), “if public involvement programs are to promote democratic processes and improve the quality of transportation systems, rigorous evaluation is essential.” However, Giering (2011, p. 19) reported a major gap in academic literature and practical application of public involvement that identifies methods and processes for determining the effectiveness of public involvement efforts (i.e., “there are no consensus definitions, methods, goals, or outcomes to guide the development of an evaluation process”). The study identified quantitative methods typically used to evaluate public involvement efforts as follows:

- Pre- and post-engagement surveys of customers and non-riders,
- On-board transit surveys,
- Focus groups, and
- Third-party research.

The survey respondents also cited the above methods as strategies for developing and sustaining effective community relationships. Although these quantitative measures help to distinguish between effective and ineffective processes, they offer little help in determining good or beneficial outcomes and are not sufficient for determining “a baseline for standardizing evaluation” (Giering, p. 20). Further, Hull (2010) reported that most agencies do not evaluate the effectiveness of advisory committees, nor do they ask advisory committee members to evaluate the effectiveness of individual meetings or the overall process.

Rowe and Frewer (2000, p. 12) developed a framework for evaluating public participation methods by dividing evaluation criteria into two categories: acceptance criteria, which are related to the effective construction and implementation of a procedure, and process criteria, which are related to the potential public acceptance of a procedure. These criteria represent key aspects of public acceptance and good process in participation exercises:

#### Acceptance Criteria

- The public participants should constitute a broadly representative sample of the population of the affected public.
- The participation process should be conducted in an independent, unbiased way.

- The output of the procedure should have a genuine impact on policy.
- The process should be transparent so that the public can see what is going on and how decisions are being made.

#### Process Criteria

- Public participants should have access to the appropriate resources to enable them to successfully fulfill their brief.
- The nature and scope of the participation task should be clearly defined.
- The participation exercise should use/provide appropriate mechanisms for structuring and displaying the decision-making process.
- The procedure should in some sense be cost-effective.

However, “the main problem in the evaluation of participation methods remains the absence of any optimal benchmarks against which the criteria might be compared and measured, which arises in part because of confusion about the meaning of ‘effectiveness.’” Rowe and Frewer (2000, p. 24) suggest that a variety of the most appropriate techniques for public participation are likely to be hybrids of more traditional methods.

Szyliowicz (2002, p. 37) agrees that public involvement literature provides limited insights for measuring outcomes and improving processes. He describes transit’s evaluation of public involvement as a set of “conclusions drawn by the agency or consultants, which measure success either by the degree to which the agency’s activity is viewed favorably by the public or the extent to which the agency’s program or plans proves acceptable to the stakeholders” and recommends an assessment based on mechanisms, not techniques. Mechanisms are defined as surveys, focus groups, public comments, public hearings, public education efforts, and interacting with consumer advisory committees. In view of the need for public involvement in transportation decision making, Szyliowicz recommends that transit begin now to evaluate current practices to identify the most effective ways to develop and sustain authentic public involvement.

## CHAPTER 4 CASE STUDIES

This chapter provides a detailed look at five transit agencies and the outreach strategies and engagement techniques used to develop partnerships with

underrepresented communities. The agencies were selected based on the literature review, evaluation of their own outreach strategies and relationships with underrepresented groups, and their willingness to participate in qualitative interviews. The interviews highlight best practices and a variety of relationships, which respondents describe as partnerships. In reality, these collaborations vary from strictly advisory collaborations to the absence of a formal advisory committee.

Key themes and strategies for outreach to disability and underrepresented communities identified in the literature review and survey data emerged during the in-depth interviews. The interviews provided a better understanding of the strategies and best practices identified in the literature review and the survey data by providing personal accounts of how the strategies were implemented and the lessons learned. The most significant findings provided the identification of the various definitions and implications of partnership and the identification and transferability of outreach strategies used by industries outside of transit.

### LANE TRANSIT DISTRICT (LTD)— EUGENE, OREGON

Accessibility has to be in the forefront of your mind, and you have to keep it there.

#### Background

Lane Transit District (LTD) has been providing fixed-route service to the Eugene-Springfield and surrounding Oregon communities since 1970. LTD provides an average of more than 38,000 trips each weekday and serves as the regional coordinator under the Oregon model for human services transportation.

Eugene, Oregon, is a college community that has traditionally embraced diversity. Lane Transit District's relationship with the disability community dates back to the agency's inception in 1970. By 1980, a decade before the passage of the Americans with Disabilities Act (ADA), LTD equipped buses with lifts and solicited advice on equipment design from the local disability community. All LTD routes became fully accessible in 1985.

In the mid 1980s, the state of Oregon passed legislation to provide transportation for senior citizens and people with disabilities. The state DOT required coordination with people with disabilities and relationships with local communities. At that time, the Special Issues Committee, now the Accessible Transportation Committee, was formed. The committee provides advice and testing on equipment selection, vehicle design, and a range of accessibility issues and acts as a public information body. Its role is "very interactive with LTD," but advisory. The committee does not have decision-making power. However, Lane places a high value on the committee's contributions and very often follows its advice.

#### Partnerships

It's that keeping in step with that changing nature of who is disenfranchised and who is underrepresented, and it evolves. It emerges.

LTD places high value on public involvement and credits its commitment to diversity as part of its corporate culture. LTD's board of directors is diverse and the Diversity Council maintains relationships with a number of community agencies. Sensitivity training is ongoing and required for all Lane employees.

Lane maintains contracts with human services agencies, understanding the importance of meaningful engagement, so that the agencies understand the limitations of transit. LTD has formed partnerships with non-profits and social services agencies to work with people with disabilities and bridge the gap between human services and transportation. Alternative Work Concepts is a small non-profit that assists people with disabilities enter the job market by offering services that meet the needs of their clientele and support them in a way that makes them more independent and able to keep a job. The non-profit works along with LTD to provide transit training and conducts paratransit eligibility functional assessments for LTD applicants. Senior and Disabled Services field caseworkers conduct the assessments in applicants' homes. Lane has engaged the agencies to work on their behalf, thus strengthening the partnership and presence in the community.

With its early roots in coordination, LTD maintains a very interactive relationship with the disability community, which has been strengthened over the last 30 years. Lane’s outreach approach to people with disabilities extends beyond physical disabilities and includes people with various cognitive disabilities. LTD has formed partnerships with local taxi companies that serve that population. The taxis provide transportation to people with cognitive disabilities who are unable to navigate both fixed-route and paratransit service. The State of Oregon allows transit agencies to act as coordinated call centers. In 2008, LTD created the *RideSource* Call Center to further improve coordination and simplify access for people who need transportation that requires unique features or fulfills an agency standard. *RideSource* uses a combination of public, non-profit, and private transportation providers with LTD to manage the following programs:

1. Pearl Buck pre-school transportation for children of parents with disabilities,
2. Non-emergency medical transportation for eligible riders,
3. Senior and disabled services community transportation,
4. Lane County developmental work transportation,
5. Volunteer escorts for seniors,
6. *RideSource* complementary paratransit.

LTD was a sponsor of the recent event, “Connecting Communities,” that included over 200 elected officials, community stakeholders, and citizens. The program discussed creating quality growth and walkable urban areas. LTD’s continued success in reaching underrepresented communities involves admitting mistakes early and creating an environment built on trust and respect. “The whole issue of trust pays for itself. You have to do the right thing.”

## CT TRANSIT—HARTFORD, CONNECTICUT

Partnership is probably a more formal idea than collaborative, which is a term we use a lot. And, we do a lot of that.

### Background

CT Transit is unique, in that the agency is owned by the State of Connecticut and under contract to the

state DOT. It dates back 30 years, when the State of Connecticut purchased the assets of a private company that managed three separate transit operations in the cities of Hartford, Stamford, and New Haven. Although CT Transit is responsible to the state DOT, there is no board of directors or elected officials to which the staff report. This arrangement has created a unique relationship with riders, because there is no formal advisory board or formal policy-making seat at the table.

### Partnerships

The public outreach is a very important part of everything we do.

CT Transit describes its relationship as an informal partnership because the agency is “sensitive to their needs and open to communication.” However, the actual working relationship is more informal and collaborative.

The formal advisory committee, the Connecticut Public Transportation Commission (CPTC), is appointed by the governor and listens to issues from riders and constituents. The committee’s makeup is diverse and it communicates informally with the state DOT and other transit operators. They hold formal meetings around the state on specific topics and invite the public to voice their concerns. CT Transit maintains informal contact with the CPTC. However, the committee’s main objective is the formal report it presents to the state legislature, outlining the issues raised during the public outreach meetings. CT Transit’s service review committee reviews every service recommendation made by the public. “If somebody says ‘I wish the bus came past my house 5 minutes earlier because I could make a better connection to the train,’ we’ll investigate that recommendation and consider it at service review.”

CT Transit has been at the forefront of providing transportation to jobs since the 1990s. The People to Jobs Regional Transportation Task Force is a collaborative effort that resulted from the need to improve access to jobs for low-income individuals, those transitioning into the workforce as a result of welfare reform, and anyone who depends on public transportation. CT Transit, in partnership with various community organizations, local government,



ride-sharing programs, the MPO, and workforce development organizations, enhanced services to reduce the barrier of transportation to employment. The effort became an early model in workforce development and community outreach, specifically focusing on transportation for a transit-dependent population.

The People to Jobs initiative was designed to improve service to underrepresented communities. It was a collaborative process with a number of different organizations working together. “It’s all been for the common good and that’s why the jobs access was so successful. It’s in that same spirit that we do service planning and community outreach.”

### Successful Strategies

The term is BORPSAT: a bunch of the right people sitting around a table. That’s how things get done in the real world.

**Meeting Notices on Buses and Website.** Connecticut is divided into 169 towns; collaboration occurs on a regional basis. Some of the larger cities, for example, Hartford, are the most diverse regarding ethnicity and language. These areas, surrounded by more affluent communities, are also the most transit-dependent areas. The Hartford region alone is composed of 28 towns with just one transit system serving the entire population. The collaborative process is critical, given that those most in need of transit are concentrated in a very small area, and the larger population may not consider access to transit a priority. CT Transit’s outreach strategies need to reach a wide population. The agency places meeting notices on buses and its website.

**In-Person Events.** The agency conducts “bus forums” to allow community stakeholders the opportunity to interact with management and, if possible, contribute ideas.

**Reach Out to Employers.** To encourage transit ridership and alternatives to private cars, outreach extends to community groups and employers in collaboration with the DOT, the MPO, and state contractors.

### Lessons Learned

There are certainly strategies where you try to get all the right people together and you come up with a really good idea and then there’s just no money.

**Lack of Funding.** Bus routes in Hartford all converge downtown and then fan out like the spokes of a wheel. For riders traveling downtown, the service is excellent from all neighborhoods. However, if a rider wants to travel from the north end of Hartford west, the rider must travel downtown and back out. The challenge for CT Transit was to create better crosstown service from the north end, a largely African American, Latino, and low-income community. Several neighborhood associations collaborated with CT Transit to advocate for better crosstown service and developed a plan to take to legislators. The collaborative sought funding, however, the community groups were not entirely cohesive and considerable time was spent “getting the right people to the table.” The legislators did not fund the new route. The process, as well as CT Transit’s collaboration with the community was successful. Not all of the communities were agreeable to what they wanted, and the process lacked appropriate funding.

### PACE SUBURBAN BUS—ARLINGTON HEIGHTS, ILLINOIS

#### Background

PACE was created in 1984 as a consolidation of smaller transit properties outside of the City of Chicago. The consolidated agency began operations as the Suburban Bus Division of the Regional Transportation Authority, which was renamed PACE. In 2006, the state legislature designated PACE as the sole provider of ADA paratransit services, which includes the City of Chicago.

A 13-member board of directors, composed of current and former mayors, and the commissioner of the Mayor’s Office for People with Disabilities, uniquely governs PACE. The service area includes six counties that incorporate 264 municipalities. The routes serve 200 communities in and around the Chicago area.

## Partnerships

We were holding public hearings and meetings before the ADA required it. It's the right thing to do. We didn't need to be told to do it.

Accessibility has always been a priority at PACE, which provided dial-a-ride and vanpool services for people with disabilities prior to the passage of the ADA. The initial vanpool program transported people with disabilities to work at sheltered workshops. PACE also became responsible for providing paratransit service in Chicago while continuing the vanpool program.

PACE works closely with its citizen advisory group. They define the relationship as “strictly advisory.” The relationship has evolved since acquiring the Chicago paratransit service. It was during those early hearings that the committee put forth their expectations and held PACE accountable for meeting them. The initial collaboration was contentious. The committee does not make formal decisions, but PACE does reach a level of consent based on the committee’s feedback. The advisory committee clearly has influence with regard to services changes and hours of operation. Members consult on various issues and, upon request, test equipment. PACE’s history of working with human services agencies also pre-dates the ADA. Over the years, the relationship with sheltered workshops developed into partnerships that continue today. PACE has a strong partnership with the Chicago area centers for independent living. The centers have been instrumental in getting the word out when PACE needs to reach its customers with disabilities. The centers have their own websites, newsletters, and presence on local radio outlets.

## Successful Strategies

We go beyond what a traditional transit agency would do.

PACE has traditionally engaged in varied community outreach. As the Chicago service began, the PACE staff reached out to the city’s 50 wards in 50 days. The agency continues to hold a number of public meetings that allow riders to express

concerns and suggest improvements. PACE utilizes various strategies, as reported in the interview.

**In-Person Events.** The in-depth interview revealed that in-person events were the most productive form of community outreach. PACE had some challenges when reaching out to its substantial Latino population. They maintain a business relationship with Toyota Park, an area soccer stadium that serves a large Latino market. In addition, Arlington Race Track organizes a yearly event that is heavily promoted in the Latino community. PACE uses these opportunities to successfully reach out to area Latinos and promote PACE services.

**Faith-Based Groups.** Community- and faith-based groups are typically effective in reaching underrepresented groups. Mutual trust between leaders and stakeholders exists, and these leaders also advocate for the community. PACE has found their relationships with faith-based groups essential in reaching minority communities. Some of the organizations have included PACE’s written materials in their newsletters and promotional materials. “The role of the faith-based groups in minority communities has been absolutely effective for us to communicate with our riders and non-riders alike.”

**Print and Electronic Media.** PACE must, by statute, publish information in area newspapers. However, newspaper advertising has only been effective in dual-language, Spanish/English publications. The advertisements and announcements placed on local Spanish-speaking radio stations have proven much more successful. Ethnic media outlets are key in reaching out to minorities, because the programming is tailored to the needs of the language and community.

PACE also places car cards announcing public hearings on all fixed-route buses and drop seats on paratransit vehicles. They notify the public of workshops via written letter, website, and email. The agency maintains an email opt-in system. PACE serves over 200 communities and also includes written notices in their newsletters. Many of the human services agency contacts are principals in their respective agencies and instrumental in getting the word out to people with disabilities through email listserves. The Ability Expo is a large-scale forum featuring products, services, and workshops

for people with disabilities, which also allows PACE to distribute materials through its mailing list.

**Social Media and Text Messaging.** JJ's List is a local website that allows people with disabilities to post reviews of Chicago area businesses and services. PACE has partnered with the site, which has a sizable presence with the local disability community. PACE also posts on social forums such as Facebook and Twitter.

In an attempt to reach Latino riders, PACE held a series of Spanish language focus groups. The moderator noticed that the participants were constantly checking their smart phones. When asked, they reported that text messaging was their primary method of communication. PACE now sends information through text messaging, which has been key in reaching minority populations.

**Cultural Competence.** Cultural competence extends beyond diversity. A thorough understanding of cultural norms and nuances is essential for effective outreach. PACE has a large Latino population and has enlisted several outreach strategies to engage this group. The agency is mindful when creating messages in Spanish and those geared to other limited-English-speaking groups. Messages and advertising are not literally translated, but rewritten to maintain cultural contexts. Simply translating a message or using the same imagery across cultures is not always effective. For example, a middle-class white household may respond to advertising with either a male or female family member. In contrast, if the same message is intended for a Latino market, an image of the entire family may prove more effective. They are considering the use of cultural consultants and subject matter experts to gain more insight into culturally competent messaging. Spanish translators, bilingual staff, and American Sign Language interpreters are present at public meetings and hearings. However, Latino riders do not typically attend meetings.

**Word of Mouth.** Although PACE utilizes technology to reach out to underrepresented communities, more traditional methods, such as word of mouth, remain successful. PACE's board of directors is unique; it is composed of current and former mayors, as well as the current commissioner for the Chicago Mayor's Office for People with Disabilities. The collaboration with the disability community is strong. Many of the

sheltered workshops, centers for independent living, and special recreation districts use phone trees and often share service change and meeting information.

## Lessons Learned

Anything that is not researched, or without insight and some kind of cultural knowledge, is relatively ineffective. . . .

**Newspaper Advertising.** With the exception of bilingual, Spanish/English newspapers, this particular form of outreach was ineffective. The cost of key placement is expensive compared to alternate outreach methods, such as radio advertising or in-person events.

**Billboard Advertising.** Billboard advertising also proved difficult, due to difficulty in securing key locations and multiple, well-placed billboards. In addition, the interview respondents reported that minority communities are already saturated with billboard advertising and may be immune to new media.

**Webinars.** Webinars have not produced the intended results. Poor attendance and a lack of publicity were cited as reasons.

## Challenges

Reaching the Asian community has been a challenge. PACE has provided information to that community and outreach to senior citizens. However, lack of trust, as well as lack of trusted liaisons has resulted in disappointing results. The language barrier, given the varied Asian languages, also contributes to the lack of Asian community involvement.

## SOUTHEASTERN PENNSYLVANIA TRANSPORTATION AUTHORITY (SEPTA)— PHILADELPHIA, PENNSYLVANIA

### Background

The Southeastern Pennsylvania Transportation Authority (SEPTA) is the fifth largest overall transit system in the United States, serving 3.9 million people on and around the Philadelphia, Pennsylvania, area. SEPTA is one of only two U.S. transit authorities that operates all of the five major types of transit

vehicles: bus, subway and elevated rail, commuter rail, light rail, and electric trolley bus. Created by the Pennsylvania legislature in 1963, SEPTA is governed by a 15-member board of directors. SEPTA has a formal citizen’s advisory committee (CAC) that is part of their enabling legislation and it has representatives from five counties. Two counties have appointed individuals with disabilities to sit on this committee.

## Partnerships

It’s being inclusive and it’s recognizing that everybody can have something useful or valuable to say.

SEPTA has been committed to accessibility issues since the 1970s. The agency has maintained a relationship with its independent advisory committee since that time, nearly 20 years before the passage of the ADA.

The SEPTA Advisory Committee (SAC) is a citizen-run, community advisory committee of customers with disabilities and disability advocates who represent riders and 50 disability service organizations. SAC members provide advice regarding facilities, equipment, and service accessibility issues, and they contribute to making decisions. SEPTA refers to the relationship as a partnership, but defines it as collaboration. The committee contributes to the decision-making process and has evolved into that of a valuable ally.

The committee provides “hours and hours of free consulting” on a variety of accessibility issues, including capital projects, station inspections, vehicle testing, and most recently, creation of the SEPTA Accessible Travel Center. “The disability community asked for it and we gave it to them.” The center includes a mockup of a SEPTA bus and allows passengers with disabilities to practice safe boarding, use audiovisual teaching materials, and familiarize themselves with SEPTA vehicles (Geiger, 2012).

In addition, SEPTA makes a point of inviting the SAC to county planning meetings and events, where SEPTA staff provide information on new projects and initiatives. “They are some of our most valuable allies and really our partners, because there is no community more transit-dependent than the disability community.” SAC involvement extends

beyond compliance issues. For example, they are instrumental in new vehicle testing and developing specifications for new vehicles. That input also extends to facilities and stations. Every 2 to 3 years, SAC submits a list of stations that need accessibility updates, a recommendation SEPTA takes seriously. “The SAC actually has power. It is not a rubber stamp relationship.”

## Successful Strategies

Look for ways that you can involve these communities where their input can be meaningful. Those are easy wins for everyone.

**Value Stakeholder Input.** SEPTA has created an inclusive environment, which is instrumental in forming community partnerships. The staff at SEPTA worked to transform a once adversarial relationship into an alliance by valuing the opinions of their stakeholders. The SAC members realize that their input is valued and respected. “We make them a part of the process.” SAC members are often invited to SEPTA events: area disability awards ceremonies, NTI (National Transit Institute) training, and APTA meetings.

**Community Events.** SEPTA reaches out to the disability and minority communities through regular community events (e.g., health fairs and community days with local elected officials). The agency believes in getting out and meeting people on their own turf.

**Establish Trust and Maintain Respect.** “Trust is built not on big talk, but on a lot of small, individual actions, over and over.” Respect is a ground rule for all interactions and meetings at SEPTA.

**Provide Meeting Space.** Meeting the needs of the SAC and, therefore, meeting the needs of the community, is critical. SEPTA staff ensure that meeting space is always available when the committee requests it. In addition, operation staff must be present to address concerns. Service committee members deal with issues regarding late arrivals, outages, etc.

**Follow up on Complaints.** If a SEPTA passenger files a complaint, staff and management not only

address it, they look for ways to personalize the issue. For example, if a passenger with a disability has difficulty boarding, he or she may have the option of practicing boarding skills at the Accessible Transit Center. Operations staff must attend meetings and are involved in problem solving until a resolution is reached.

**Cultural Competence.** Philadelphia is extremely diverse, as are most urban areas. African-Americans and Latinos are represented on the SAC and in community organizations. SEPTA remains committed to creating “an atmosphere of respect and collaboration” with its community partners. In-house bilingual staff, as well as a minority outreach coordinator, are active in reaching out to minority groups. SEPTA’s website is available in over 30 languages.

**Social Media.** SEPTA has a presence on social media—Facebook, Twitter, and instructional podcasts on iTunes are some of the social media strategies used. SEPTA’s website is available in over 30 languages.

## Challenges

Even with the various methods of outreach and attention to diversity, the Asian community is difficult to reach. The interview respondent cited the numerous languages and subcultures within the Asian community as two factors that have made outreach challenging. In addition, although overall Asian ridership is significant, some Asian communities in the Philadelphia area are affluent and may not utilize public transit. SEPTA has made attempts to reach out to Asian seniors without measurable success.

## SOUND TRANSIT—SEATTLE, WASHINGTON

### Background

Sound Transit is a regional transit agency created in 1996 by a vote of the people. The agency connects communities in King, Pierce, and Snohomish counties. Sound Transit partners with King County, Community Transit in Snohomish County, and Pierce Transit. It operates express bus, commuter rail, and light rail service in the region and constructs capital projects in support and expansion of those services.

## Partnerships

Including people with disabilities has always been a policy . . . it’s just the nature of the company. It’s the right thing to do.

Sound Transit’s Citizens’ Accessibility Advisory Committee was chartered in 1999 and advises the transit agency on regional mobility and accessibility issues, vehicle and facilities design, signage, and enhancing services to people with disabilities. Their role is advisory; they do not have decision-making power. The work of the committee does not replace other Sound Transit outreach or public involvement efforts. Sound Transit staff will include the committee’s input in its decision-making process. Final decisions remain with the Sound Transit Board of Directors and staff.

Sound refers to its community relationships as partnerships, because of the quality of the relationships. “Mutual respect and trust are the foundations of the partnerships.” Reaching out to underrepresented communities has been a policy at Sound Transit since its inception in 1996.

## Successful Strategies

One community, one approach.

**Targeted Outreach.** Sound Transit is both an operating agency and a capital agency. As the agency continues to build light rail, it engages in construction-related outreach as well as operational outreach. This outreach, therefore, is varied and tailored to each specific community. For example, the initial light rail line from downtown Seattle toward the airport ran through some of the lowest income communities in Seattle. Those neighborhoods were also densely populated with citizens who spoke limited English. Sound Transit identified 10 to 12 dominant languages in the community and worked through community centers that served each respective culture. An additional segment of the rail line extends through the district near the University of Washington, a very different demographic that required a technically savvy outreach strategy.

**Inform Each Community of Major Changes.** In the fall of 2012, Sound Transit will eliminate its

free ride program. The change will substantially affect the ridership, especially low-income riders and those with disabilities. In addition to the obvious financial impact, this change will alter transit patterns because everyone will now have to board at the front of the bus. The current challenge for Sound Transit is developing strategies to inform communities and tailor their strategies accordingly. The transit agency teams with a number of human services providers that assist the homeless, limited-English-speaking citizens, and people with disabilities. They work through the homeless coalition and other agencies and groups to disseminate information to social workers that often provide information and training to their clients. People with disabilities who need travel training and those organizations are also targeted in the outreach. Sound works with Lighthouse for the Blind and the Asian Counseling and Referral Service, among others, to inform customers with disabilities of changes. The agency reaches out to social workers to educate their respective client base.

## Lessons Learned

Tailor your outreach efforts to each specific culture because one size does not fit all.

**Cultural Competence.** Sound Transit appreciates the complexity of cultural competence. In an attempt to provide smartcard technology to immigrant communities, the agency learned that the traditional means of disseminating information were proving ineffective. In certain immigrant groups, the main users of transit are women and children. Yet, the social structure for reaching those groups and providing information is mediated through the men of the culture. Therefore, Sound would present the information to the men, but they would not relay it to their families, because of cultural mistrust of government. Sound has been working with the City of Seattle and utilizing their strategy of outreach liaisons.

## CHAPTER 5 THE GUIDEBOOK

The purpose of this guidebook is to assist transit agencies in developing partnerships with the disability and underrepresented minority groups. It contains specific outreach strategies and suggestions

that can be used by transit personnel and includes “how to” approaches and information on developing partnerships with the aforementioned communities.

## BACKGROUND

Community involvement is crucial to the success of transportation services and required by law. However, reaching out to diverse and underrepresented communities, as well as obtaining their input, often meets with a number of challenges.

The goal of this research was to develop a resource guide that includes best practices that lead to productive relationships with the disability and underrepresented groups.

A national survey was developed and administered to document the experiences of transit agencies in reaching and engaging the participation of minority and underrepresented communities with regard to developing partnerships and public involvement.

The study revealed key factors for establishing effective partnerships and identified communication as the primary factor in establishing effective and sustainable partnerships and community collaborations. Mutual trust is an essential component and a primary objective of the public involvement process. Building trust with the public also requires respecting and understanding cultural differences (cultural competence). Establishing trust between communities that may traditionally be skeptical of government is a common obstacle in the formation of partnerships. There often exists an understandable mistrust toward members of the dominant culture by historically oppressed and/or underrepresented groups. Transparency at the agency level, as well as communication and respect for cultural differences, are essential when reaching out to underrepresented communities. This proved to be a recurring factor with the case study agencies and the partner agencies.

## CASE STUDY HIGHLIGHTS

The purpose of the second phase of the structured interviews was soliciting first-hand information about developing partnerships with disability and minority communities. Conducted with key representatives of transit agencies and others knowledgeable in disability and best practices in minority outreach and successful partnerships and collaboration, the interviews did not reveal any new data.

However they highlighted “best practices” regarding outreach strategies. The case studies presented offer examples of what agencies have defined as best practices and lessons learned when reaching out to underrepresented groups. The following transit systems were selected for the in-depth interview:

- CT Transit, Hartford, Connecticut;
- Houston Metropolitan Transit Authority, Houston, Texas;
- Lane Transit District, Eugene, Oregon;
- PACE Suburban Bus, Arlington Heights, Illinois;
- Sound Transit, Seattle, Washington;
- SEPTA, Philadelphia, Pennsylvania; and
- Washington Metropolitan Area Transit Authority (WMATA) Washington, D.C.

The agencies’ relationships with advisory committees vary from formal relationships to the absence of any advisory committee. There is a wide variation in the make-up and organizational structure of citizens’ advisory committees. The interview participants considered the quality of the partnership or collaboration more important than the actual definition. Two of the interviewees referred to their advisory committees as valuable allies.

Industries outside of transit also utilize strategies that are effective for connecting with, and maintaining, continuous communication with underserved communities. This is achieved by informing key stakeholders and organizations of events, status reports, and any other information that may be relevant to the community. In addition, the partners reported that the first step to connecting with the target market is to develop relationships with other organizations that serve them.

The agencies place high value on public involvement and most credit their commitment to diversity as part of their corporate culture. The boards of directors are diverse and they often have diversity councils that maintain relationships with community agencies. Sensitivity training is on going and required for employees; and hiring practices reflect their commitment to diversity. Several of the agencies also formed partnerships with non-profits and social services agencies to work with people with disabilities and bridge the gap between human services and transportation.

Community and in-person events were, by far, the most successful strategies used to engage underrepresented groups. Attention to cultural differences and ongoing diversity training were also priorities

for each agency. The impact of technology and social media is a more recent development and successful strategy when reaching large numbers of citizens. However, some groups may have limited access to social media.

Outreach to Asian American communities proved challenging for several agencies. Numerous languages and sub-cultures within the Asian community were cited as barriers. In addition, the social structure for reaching the transit riders within a family are often unclear. In one example, a transit agency targeted the men of the family, although the women and children were more likely to ride transit. The agency relied on the men to mediate and present their information. However, the men were distrustful of government and failed to relay messages to their families. The use of cultural liaisons and representatives from within immigrant cultures proved successful.

## ORGANIZATIONAL STRUCTURE

The steps each agency takes to develop its partnerships may vary. However, defining the organizational structure of the collaboration in the early stages will assist in defining the scope and purpose of the project. Examples of some possible processes and relationships include the following:

- **Communication:** Information, data, or knowledge regarding issues and projects is exchanged so that it is satisfactorily received or understood by the receiving parties.
- **Coordination:** Stakeholders communicate information on how and when each partner must act in order to achieve effective common results.
- **Cooperation:** Stakeholders work together to achieve a common goal or objective in carrying out transportation planning, programming, and delivery processes.
- **Advisory:** Committees may be a form of collaboration if their advice is closely linked to decision-making outcomes. In practice (and often by design), advisory committees are often far removed from actual decision making.
- **Partnership:** Partners are egalitarian (have equal power), understand, and respect what everyone brings to the table and usually have the authority to make decisions for the entity

that they represent. Effective partnerships have a strong leader who champions the partnership and its vision and goals.

## OUTREACH TO UNDERREPRESENTED GROUPS

### Step 1. Define Goals and Objectives

Developing clear goals and objectives will ultimately strengthen outreach techniques and clarify problems, issues, and opportunities in developing relationships with underrepresented groups. Well-defined goals and objectives are simply more likely to succeed. An important consideration is that the agency distinguishes the stakeholders' actual needs from the agency's perception of stakeholder needs and concerns.

The essential steps in developing goals and objectives include overall focus, vision, and direction. The vision provides a focus for completing a community assessment. It summarizes the outcomes and "wish list" for the partnership and reflects the perspective of the group it represents. A mission statement communicates the partnership's purpose and mission. The language should be inclusive and the statement should include strategies with which to achieve the vision.

**Why is a partnership needed to accomplish this goal?**

Goals are broad reaching while objectives are more realistic steps to achieve goals, are measurable, and clear to everyone. Goals should also remain specific and identify the target audience and include those who will be involved in the process. An important consideration is to define the goals the agency thinks the stakeholders expect versus the actual goals the stakeholders expect.

### Step 2. Conduct a Needs Assessment

The purpose of a community assessment is to develop an understanding of the context in which the citizens live, important issues, opinions, strengths, and weaknesses. A needs assessment is a method used to gather information essential to developing partnerships.

Engagement techniques for citizens of underrepresented groups often require coordinated strategy. Such strategies begin with an understanding of

the context in which stakeholders live. An accurate assessment needs to produce a clear picture of the community with respect to political, social, and economic factors. Determining what members of underrepresented groups think and feel about issues that affect them will help guide the strategy for collaboration.

The most successful community assessments begin with a vision of future outcomes and allow questions to drive the process. Methods for assessing the needs of the community include, but are not limited to the following:

- Focus groups,
- Interviews,
- Surveys,
- Community mapping, and
- Public meetings.

### Step 3. Identify Leaders and Stakeholders

**Who can be effective in bringing about the vision and mission of the partnership?**

There is no single approach to engaging underrepresented groups and people with disabilities in the public involvement process. The strategies are often as diverse as the communities they serve, and "success" is defined on an individual basis.

Members of underrepresented groups may, for a number of reasons, remain "out of the loop" with regard to community issues. Alternative work schedules, access to adequate childcare, and transportation are a few factors that may prevent active community involvement. In addition, citizens may not be aware of opportunities to get involved or understand what may be expected of them. Given that members of underrepresented groups have a history of being ignored, they may believe that their involvement will not make a difference.

Community, religious, and tribal leaders are often the most influential members and experts of each community. Community organizations often reflect the needs and concerns of the community. Leaders possess a trusting relationship with the communities they serve and their participation is essential in building credibility and confidence with underrepresented groups. They also possess knowledge and history of issues or problems that may exist.



Stakeholders include community groups, environmental groups, school systems, universities, residents, and local businesses. They are identified through steering and advisory committees, working groups, surveys, newsletters, and personal meetings with key players. Therefore, diversity of the stakeholders is essential. Identifying stakeholders may prove challenging. Various outreach methods include the following:

- Create a stakeholder list and possibly conduct a stakeholder analysis.
- Identify a person to “champion” the project or outreach efforts. Find the people who have influence and understand the needs of the underrepresented group.
- Identify the opinion leaders and “links” of the community. Ensure that those identified as stakeholders are representative of the group.
- Recruit emerging, as well as established, leaders to ensure a variety of perspectives.
- Reach out to those most affected by the issues. It is important to make stakeholders allies in the process. For example, Lane Transit District maintains a very interactive relationship with the disability community, which has been strengthened over the last 30 years. The committee provides advice and testing on equipment selection, vehicle design, and a range of accessibility issues, and acts as a public information body. It remains an important ally in the public participation process.

#### Step 4. Build Cultural Competence

**Create an environment that will allow the greatest diversity of people to participate.**

Challenges often exist in outreach to, identifying, and engaging members from disability and underrepresented minority communities. Communication is the basic tool that the agency can use to unite people. Cultural, attitudinal, and language barriers may limit or prevent the participation of individuals from underrepresented communities. It involves, at a minimum, developing an awareness of the stakeholders’ cultural viewpoints, values, beliefs, and problem-solving skills.

Cultural competence is an ongoing process and develops over time. Organizations and individuals begin at varying levels of awareness on the cultural competence continuum. As many educational, social,

and governmental institutions experience shifting demographics, generational differences, and a changing customer base, organizations are identifying best practices for supporting those customers to bridge cultural gaps.

Cultural competence requires that organizations

- Have a defined set of values and principles and demonstrate behaviors, attitudes, policies, and structures that enable them to work effectively cross-culturally;
- Have the capacity to (1) value diversity, (2) conduct cultural self-assessment, (3) be conscious of the inherent dynamics when cultures interact, (4) acquire and institutionalize cultural knowledge, and (5) develop adaptations to service delivery reflecting an understanding of diversity between and within cultures; and
- Incorporate all of the above in all aspects of policymaking, administration, and service delivery, and systematically involve consumers (Goode 2001).

Development of communication tools not only helps to build partnerships, it bridges many cultural gaps. Some stakeholders come from cultures that do not encourage self-disclosure, confrontation, or questioning authority. Allow sufficient time and appropriate activities to help people get to know each other. Cross-cultural and ongoing diversity training of staff is essential. Arrange for bilingual translators or volunteers for meetings and activities.

In addition, build a network of cultural and community experts who can provide insight and trust advocacy to diverse stakeholders. One of the most effective ways to build trust and handle misinformation is to utilize trusted advocates from within underrepresented communities.

In an effort to increase participation of underrepresented groups—especially immigrant communities—in the neighborhood planning process and shape communities with involvement from the bottom up, the City of Seattle, Department of Planning, and several local government agencies created the Planning Outreach Liaison (POL) Model. The model bridges the gap between the city and communities of color, immigrants, people with disabilities, seniors, and other underrepresented groups because they share language, culture, and/or ethnicity with their respective communities. They are able to establish connections and insights

into the community's needs and ultimately shape a neighborhood plan reflective of each community.

The City of Seattle recruited and hired 13 cultural liaisons from within diverse communities to conduct engagement and outreach activities. The liaisons reached over 1,200 stakeholders in South-east Seattle neighborhoods by facilitating workshops in each community's language, translating written materials, and providing childcare and cultural food from local businesses. They chose **culturally appropriate settings** for workshops (e.g., libraries, community centers, churches, and high schools) instead of city offices.

### Step 5. Maintain Open Communication

Respondents who completed the online survey cited trust and communication as the most important factors in establishing partnerships. Effective communication, where stakeholders' voices are heard and roles are clearly defined, creates a sense of ownership and respect. Communication can be a complicated process and a great deal can go wrong. Listening to each other and developing a common language must remain a priority. Communication has both an internal and an external role in the formation of partnerships and collaborations. Mutual trust, understanding, and information sharing are building blocks of effective communication.

Communication is also essential to build and foster trust, especially with underrepresented groups, which are often distrustful of government. Building and maintaining trust with underrepresented groups can make the difference between failure and success.

#### Use Every Opportunity to Build Relationships

**External communication should include a strategy for outreach linked to the overall strategic plan.**

“Trust is built not on big talk, but on a lot of small, individual actions, over and over.” Respect is a ground rule for all interactions and

meetings at SEPTA. When a SEPTA passenger files a complaint, staff and management not only address it, they look for ways to personalize the issue. For example, if a passenger with a disability has difficulty boarding, he or she may have the option of practicing boarding skills at the Accessible Transit Center. Operations staff must attend

meetings and are involved in problem solving, until a resolution is reached. Communication on all levels of interaction is essential to the success of any collaboration or partnership.

**Inform Each Community of Major Changes.** In the fall of 2012, Sound Transit will eliminate its free area ride program. The change will substantially affect the ridership, especially low-income riders and those with disabilities. In addition to the obvious financial impact, this change will alter transit patterns, because everyone will now have to board at the front of the bus.

The current challenge for Sound Transit is developing strategies to inform communities and tailor their strategies accordingly. The transit agency teams with a number of human services providers that assist the homeless, limited English-speaking citizens, and people with disabilities. They work through the homeless coalition and other agencies and groups to disseminate information to social workers that often provide information and training to their clients. People with disabilities who need travel training and those organizations are also targeted in the outreach. Sound works with Lighthouse for the Blind and the Asian Counseling and Referral Service, among others, to inform customers with disabilities of changes. The agency reaches out to social workers to educate their respective client base.

### Step 6. Engage Underrepresented Groups

Key themes and strategies for outreach emerged throughout each phase of the research. This section lists the most effective techniques for reaching the disability community and underrepresented groups. Although there is no “one size fits all” approach to outreach, the survey respondents and interviewees consistently cited these strategies as most effective.

**Community Events.** The in-depth interview revealed that in-person events were the most productive form of community outreach. Transportation and health fairs, bus forums, and sporting events are a few examples. In-person events allow opportunities for transit agencies to interact with citizens personally, in a non-threatening manner. These events also provide opportunities to engage new participation.

PACE Suburban Bus uses soccer games and race track events to successfully reach out to area

Latinos and promote PACE services. SEPTA reaches out to the disability and minority communities through regular community events such as health fairs and community days with local elected officials.

**Faith-Based Groups.** Community and faith-based groups are typically effective in reaching underrepresented groups. Mutual trust between leaders and stakeholders exists, and these leaders also advocate for the community. Some stakeholders may obtain community information through church bulletins and meetings.

**Social Media and Text Messaging.** Social media, such as Facebook, Twitter, and various blogs may not reach everyone and some may prefer a more formal means of communication. However, the numbers of users is always increasing and social media provides an instant method of reaching and engaging large groups of people.

JJ's List is a Chicago area website that allows people with disabilities to post reviews of local businesses and services. PACE Suburban Bus has partnered with the site, which has a sizable presence with the local disability community. PACE also posts on social forums such as Facebook and Twitter. The agency also sends information through text messaging, which has been key in reaching minority populations.

SEPTA has a presence on social media—Facebook, Twitter, and instructional podcasts on iTunes are some of the social media strategies used. SEPTA's website is available in over 30 languages.

**Print and Electronic Media.** Ethnic media outlets are key in reaching out to minorities, because the programming is tailored to the needs of the language and community. Non-English-speaking populations often obtain information from radio in their native language. Radio, public access television, and local cable stations proved useful to survey respondents. Bilingual newspapers have proven effective, but less effective than radio. Newsletters, websites, and email listserves are effective. Flyers and signs should deliver a coherent message that can be widely disseminated.

**Culturally Competent Messaging.** Although print media remains an effective outreach strategy, its

effectiveness is dependent on reaching the target audience. Culturally competent messaging ensures that information is disseminated to underrepresented groups in the language and/or style each group understands. Culturally competent messaging extends beyond translating materials into various languages, which is also essential. Research has shown that the manner in which messages are presented impacts different groups in different ways. Colors, imagery, and context are equally as important as language. For example, a middle-class white household may respond to advertising with either a male or female family member. In contrast, if the same message is intended for a Latino market, an image of the entire family may prove more effective.

**Community and Human Services Agencies.** The majority of the agencies surveyed maintain relationships with human services agencies and understand the importance of meaningful engagement. The human services agencies then understand the limitations of transit. Partnerships with non-profits, social services agencies, and disability organizations were very often the first points of contact for forming partnerships.

**Targeted Outreach.** Transit agencies are required to engage the disability community concerning changes to paratransit service through meetings and public hearings. Survey respondents explained that their relationships with disability advisory committees provided links to other underrepresented groups. In most cases, these relationships began with respect to paratransit issues. According to respondents, this targeted outreach often provided opportunities to connect to additional minority groups. Targeted, strategic outreach is extremely effective, provided that the transit agency understands the target audience. Some targeted outreach techniques include

- Interaction with community groups representing underserved residents or communities of color, tailored meetings, customized presentation materials, provision of incentives;
- Outreach in the community (flea markets, churches, health centers, etc.);
- Personal interviews or use of audio recording devices to obtain oral comments;

- Translation of materials; having translators available at meetings as requested; and
- Including information on meeting notices regarding how to request translation assistance.

## Step 7. Organize Meetings

Stakeholder and public meetings are a low-cost method utilized to engage the public. Plan meetings early in the process and obtain information and solicit input from the group you are trying to reach. Advanced planning is crucial. Leadership should be alternated to allow the greatest accessibility to diverse stakeholders.

**Meeting Times and Locations.** Meet stakeholders “where they are.” Determine the best times to schedule meetings and consider locations that are non-traditional and convenient to public transportation. Determine if meetings will be bilingual. If possible, include childcare and refreshments. Holding meetings on the evenings and on weekends and avoiding major religious and cultural holidays will also help improve participation. Open houses, workshops, and forums are alternative forms of meetings that are also effective.

Meeting agendas need to be clearly defined and reflect the needs of the community. Non-traditional meeting locations include

- High schools,
- Churches,
- Senior centers,
- Local businesses,
- Shopping malls and stores, and
- Public libraries.

**Ground Rules.** Establishing ground rules sets the tone for the collaboration, making the first meeting critical to ensure success. The best ground rules are created by the stakeholders themselves and meet the needs of the group. Ground rules should be revisited regularly and, at a minimum, include

- Respect opinions, values, culture, and ideas;
- Encourage participation;
- Recognize participants’ contributions;
- Include process for sharing leadership;
- Include method for conflict resolution; and

- Clearly identify roles, responsibilities, and expectations.

**Accessibility.** Outreach strategies and meetings must be accessible to people with disabilities. A number of barriers already exist that may inhibit or prevent participation from underrepresented groups. Accessibility for people with disabilities is the law. At a minimum, the following accessibility guidelines should be met:

- Meeting notices and announcements should contain a TTY number where stakeholders can request interpretation services and other accommodations.
- Meetings should be designed to allow participation by those with sensory, physical, and cognitive disabilities.
- Facilities where meetings are held should meet all basic ADA requirements.
- Information should be presented in alternative formats, such as large print, Braille, audio-tape, CD, or assistive listening devices, as requested.
- Qualified sign language interpreters, oral interpreters, and tactile interpreters must be provided, as requested.
- Service animals must be allowed even though pets may be prohibited.

An Accessible Meeting Facilities Checklist is provided as Exhibit 3.

## Step 8. Sustain Partnerships

### What does a successful partnership look like?

Building a successful partnership is an ongoing process. Meeting with stakeholders on a regular basis and maintaining open communication are a few techniques utilized in sustaining long-term partnerships and collaborations. It is important to think strategically and remain persistent.

Since there are no formal processes for evaluating partnerships, agencies may wish to monitor and evaluate outreach efforts to determine the success of public involvement efforts. Up-to-date performance data on outreach activities, including attendance at events, meetings, and other functions, are relatively simple methods of monitoring participation.

**Exhibit 3** Accessible Meeting Facilities Checklist**BUILDING EXTERIOR****Off-Street Parking/Passenger Loading Zone**

- \_\_\_\_\_ Number of accessible parking spaces, # Required Spaces \_\_\_\_\_
- \_\_\_\_\_ \*At least one van space, 96" space with 96" access aisle/132" space with 60", 114" vertical clearance)
- \_\_\_\_\_ Sign at parking space, International Access Symbol, white on blue, "Van Accessible" for van space
- \_\_\_\_\_ Built-up curb ramps do not project into access and parking spaces
- \_\_\_\_\_ \*Level Slope < 1:48, firm, and non-slip surface. Slope < 1:48
- \_\_\_\_\_ \*Curb-cut, ramp, or level area to walkway
- \_\_\_\_\_ \*If surface unpaved, then size of gravel < 0.3 inches
- \_\_\_\_\_ Closest parking space to accessible entrance. Crosses vehicular traffic lane?  
Y\_\_\_\_\_ N\_\_\_\_\_
- \_\_\_\_\_ Directional signage to accessible entrance, at non-accessible entrance
- \_\_\_\_\_ Passenger drop-off or loading zone with accessible route or travel to building

**Proximity to Public Transportation**

- \_\_\_\_\_ Bus stop within 1-2 blocks.  
Approximate distance \_\_\_\_\_
- \_\_\_\_\_ Bus available evenings Y\_\_\_\_\_ N\_\_\_\_\_
- \_\_\_\_\_ \*Level, firm, non-slip surface from bus stop to primary accessible building entrance, maximum slope of 1:12
- \_\_\_\_\_ \*Curb cut, ramp, or level area to walkway (see Walkways). Note: handrails required if slope > 1:20 and the rise is > 6"

**Walkways**

- \_\_\_\_\_ 44" minimum exterior width
- \_\_\_\_\_ \*Max. slope of 1:12 (up to 1:8 permissible for rises < 3" and up to 1:10 for rises < 6") preferably 1" to 20" (can carry a latte in your lap and go down ramp without spilling)
- \_\_\_\_\_ Level (slope > 1:20) or ramped from parking to primary accessible entrance
- \_\_\_\_\_ Level, firm, non-slip surface with no drop-offs, grass or soil meet sidewalk
- \_\_\_\_\_ Walkways free of obstructions that protrude > 4" (higher than 27" or < 80")
- \_\_\_\_\_ Walkways free of grating openings larger than 1/2", openings perpendicular to path of travel
- \_\_\_\_\_ Threshold 1/4" maximum, or 1/2" if beveled

**Ramps**

- \_\_\_\_\_ Maximum slope of 1':12' (no more than 30' between landings); slope 1':20' (40' between landings)
- \_\_\_\_\_ \*Landings at top and bottom of run; landings shall be level and be 60" in direction of travel
- \_\_\_\_\_ \*Graspable handrails provided, 34"–38" high (slope 1:20 or rise < 6" with no handrails required)
- \_\_\_\_\_ Handrails 1 1/2" diameter and 1 1/2" from wall
- \_\_\_\_\_ Firm, non-slip surface
- \_\_\_\_\_ 44" minimum exterior width

**Stairways**

- \_\_\_\_\_ \*Graspable handrails provided on both sides, 34"–38" high, properly secured
- \_\_\_\_\_ Handrails 1 1/2" diameter and 1 1/2" from wall
- \_\_\_\_\_ Uniform riser height and tread width
- \_\_\_\_\_ 5' x 5' level landings on top and bottom
- \_\_\_\_\_ Contrast on stairs and landings
- \_\_\_\_\_ Adequate lighting on stairs
- \_\_\_\_\_ \*No open risers (steps); no hanging stairwells, unless cane detectable barriers are provided underneath

\*Essential for an accessible meeting

**Exhibit 3** (Continued)

**Entrances**

- \_\_\_\_\_ \*At least one primary entrance accessible, door 32" clear opening
- \_\_\_\_\_ Threshold height ¼" maximum, ½" if beveled; if not, actual height is \_\_\_\_\_
- \_\_\_\_\_ An 18" clear maneuvering space at the pull side of the door
- \_\_\_\_\_ Level and unobstructed area 5' × 5' both sides of door
- \_\_\_\_\_ Lever or loop-type door handles
- \_\_\_\_\_ Door opening pressure 8.5 lbs. maximum, or automatic door openers
- \_\_\_\_\_ \*Alternate accessible entrance for a revolving door
- \_\_\_\_\_ Sign indicating accessible entrance
- \_\_\_\_\_ Directional signage at inaccessible entrances designating the accessible entrance

**BUILDING INTERIOR**

**Interior Doors and Corridors**

- \_\_\_\_\_ \*Firm, non-slip surface (no loose or deep pile carpet, maximum pile thickness < ½")
- \_\_\_\_\_ \*Doors have a minimum clear opening width of 32"
- \_\_\_\_\_ \*An 18" clear maneuvering space at the pull side of the door
- \_\_\_\_\_ \*Lever or loop-type handles, path to meeting room
- \_\_\_\_\_ \*Door pressure 5 lbs. maximum, or automatic door
- \_\_\_\_\_ \*Corridors have a clear width of 36"
- \_\_\_\_\_ Wall-mounted objects protruding 4" or greater (located within 27"–80" from the floor) have barriers detectable by individuals using a white cane. Wall-mounted objects protruding less than 4" or higher than 80" from the floor, no detectable barrier required
- \_\_\_\_\_ Adequate lighting in corridors, provide uniform illumination

**Ramps**

- \_\_\_\_\_ \*Maximum slope of 1':12' (no more than 30' of rise between level landings)
- \_\_\_\_\_ \*5' × 5' level landings on top and bottom
- \_\_\_\_\_ \*Graspable handrails provided, 34"–38" high
- \_\_\_\_\_ \*Handrails 1-½" diameter and 1-½" from wall
- \_\_\_\_\_ \*Firm, non-slip surface
- \_\_\_\_\_ \*36" minimum interior width

**Elevators**

- \_\_\_\_\_ \*Door has 36" minimum clear opening
- \_\_\_\_\_ \*Size of elevator floor at least 54" × 68"
- \_\_\_\_\_ \*Serves all floors and public meeting areas
- \_\_\_\_\_ \*Highest control buttons 48" maximum (54" built before 2002), emergency controls 35"
- \_\_\_\_\_ \*Audible and visible signals, hallway and elevator interior
- \_\_\_\_\_ Controls have raised Arabic numerals and Braille identification
- \_\_\_\_\_ Exterior call buttons 35" max
- \_\_\_\_\_ Floor levels indicated on door jambs by raised numerals placed no more than 60" high
- \_\_\_\_\_ Elevator doors remain fully open for 5 seconds minimum
- \_\_\_\_\_ \*Reopening device that will reopen a car door automatically if the door becomes obstructed
- \_\_\_\_\_ \*Visible and audible signal provided at each entrance to indicate which car is answering a call

\*Essential for an accessible meeting

*(continued on next page)*

**Exhibit 3** (Continued)

**Public Telephones (Where Provided)**

- \_\_\_\_\_ \*At least one telephone/floor usable wheelchair accessible open space in front at least 30" by 48"
- \_\_\_\_\_ \*Highest operable part 48" maximum side or forward approach
- \_\_\_\_\_ 27" high clear knee space
- \_\_\_\_\_ Handset cord length at least 29"
- \_\_\_\_\_ All public telephones are required to have volume control
- \_\_\_\_\_ TTY in bank of 4 or more

**Water Fountains (Where Provided)**

- \_\_\_\_\_ \*At least one fountain on accessible route of travel
- \_\_\_\_\_ Maximum spout no higher than 36" from floor
- \_\_\_\_\_ Spout located at front of unit with water projecting parallel
- \_\_\_\_\_ Hand-operated control (push or lever) within 5" of the front of the fountain
- \_\_\_\_\_ 27" clear knee space
- \_\_\_\_\_ If no knee space, then at least 30" x 48" clear floor space provided for parallel approach \*Essential for an accessible meeting

**PUBLIC RESTROOMS**

<i>Women</i>	<i>Men</i>	<b>(One restroom may be accessible while another is not, check both.)</b>
_____	_____	*On accessible route of travel from or to meeting room
_____	_____	*At least one accessible stall in each restroom or unisex restroom available
_____	_____	Ambulatory accessible toilet stalls (required when six or more water closets are available in a restroom)
_____	_____	*High contrast, non-glare sign, raised and Braille between 48"-60" from floor, located on latch side of door
_____	_____	Signs at inaccessible restrooms giving directions to accessible restrooms
_____	_____	*Entry 32" minimum clear width
_____	_____	*Accessible stall doors 32" minimum clear width
_____	_____	*Door pressure 5 lbs. maximum
_____	_____	*Stall width 60" wide x 56" wall mounted, 60" x 59" floor mounted toilet
_____	_____	Minimum 48" width next to toilet on one side
_____	_____	*Grab bars side and back, 33"-36" above and parallel to floor
_____	_____	Grab bars 1-1/2" diameter and 1-1/2" from wall
_____	_____	*Toilet seat 17"-19" high
_____	_____	5' x 5' diameter clear floor space to turn around (by mirrors or sink area)
_____	_____	Bottom of mirror, top of shelf, towel and all other types of dispensers at 40" maximum from floor
_____	_____	Soap and towel dispensers and hand dryer adjacent to the sink
_____	_____	27" clear knee space under basin
_____	_____	Insulation of exposed pipes under sinks
_____	_____	*Lever-type faucets (or automatic)
_____	_____	*Lever-type door hardware, entry door and on accessible stall and urinal
_____	_____	Elongated urinal within 17" of floor

\*Essential for an accessible meeting

**Exhibit 3** (Continued)

**MEETING ROOMS AND COMMON USE AREAS**

***Meeting Rooms – Room # / Name of Room:***

(Please complete for each meeting room to be used.)

- \_\_\_\_\_ \*Capacity
- \_\_\_\_\_ High contrast signage with non-glare finish, raised and Braille at 48”–60”, latch side of door
- \_\_\_\_\_ \*Ramps for raised platforms, speaking areas
- \_\_\_\_\_ Top of table 28”–34” from floor
- \_\_\_\_\_ Clear knee space for tables (minimum 27” high × 30” wide × 19” deep)
- \_\_\_\_\_ Public address system with assistive listening equipment
- \_\_\_\_\_ Assistive listening equipment (identified by signage)
- \_\_\_\_\_ Low noise level (inside and outside)
- \_\_\_\_\_ Uniform lighting
- \_\_\_\_\_ \*Meeting and other functions provided in nonsmoking areas
- \_\_\_\_\_ \*Firm, non-slip surface (no loose or deep-pile carpet)
- \_\_\_\_\_ \*If audible, then visible alarm system

**FIXED SEATING ONLY (AUDITORIUM)**

- \_\_\_\_\_ For auditoriums, integrated wheelchair seating, a minimum of 1, for 4-25 seats
- \_\_\_\_\_ Number of wheelchair spaces required \_\_\_\_\_
- \_\_\_\_\_ Minimum space 33” × 48” for rear or forward access, 33” × 60” for side access
- \_\_\_\_\_ \*Unobstructed viewing position from wheelchair seating
- \_\_\_\_\_ Aisles at least 36” having seating on one side of aisle, 42” with seating on both sides
- \_\_\_\_\_ Integrated seating, people using wheelchairs can sit next to others, accessible seating dispersed throughout auditorium

**COMMON USE AREAS**

- \_\_\_\_\_ \*Restaurant/coffee shops, gift shops, ATM, lobby, vending machines, copy machines, and other common use areas accessible to persons with disabilities (entrance, seating, counter height, reach range, 48”)

Problem Areas: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- \_\_\_\_\_ Audible alarm system
- \_\_\_\_\_ Visible alarm system
- \_\_\_\_\_ Smoking policy or restrictions in common use areas
- \_\_\_\_\_ Maintenance/remodeling at time of meeting
- \_\_\_\_\_ Swimming pool access

\*Essential for an accessible meeting

Source: Adapted from Washington State Department of Enterprise Services, <http://www.ga.wa.gov/ada/instlist.htm>



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## APPENDIXES A THROUGH C

Appendixes A through C of the contractor's final report are not included herein.

## APPENDIX D

### BEST PRACTICES IN MINORITY OUTREACH IN TRANSPORTATION

The literature review of publications and websites highlighted processes and provided examples for identifying the public, tailoring an approach to that public, and implementing a plan that reflects the abilities and constraints of that public to participate in public involvement. Outreach strategies to involve the public entail a variety of approaches and tools, from press releases, door-to-door solicitations, and public meetings to sophisticated visualization presentations, public comment database software, and interactive state websites (CTC & Associates 2003, p. 1).

## METROPLAN AND CARTS

### 2008 CARTS Public Participation Plan

Metroplan, a designated metropolitan planning organization (MPO), must adopt a long-range transportation plan—covering at least 20 years—and a short-range plan, a Transportation Improvement Program (TIP). The Central Arkansas Regional Transportation Study Area (CARTS) is a cooperative effort by participating communities, transportation providers, and other interested parties to develop a long-range transportation plan for the metropolitan area.

In accordance with SAFETEA-LU requirements, Metroplan updated and expanded its public participation plan to include the new standards. Specifically, SAFETEA-LU requires all MPOs to develop a public participation plan in consultation with all interested parties and the general public. The process established for public participation must include an element for "visualization" techniques that help visualize what the plan, program, or project will actually look like when completed. Relevant techniques include illustrations, photo simulation, multimedia, computer

animation, and 3-D models. Visualization techniques must be described and reflected in the public participation plan.

The public participation plan was developed in close consultation with the Transportation Advisory Council, whose responsibilities include (1) developing a proposed transportation plan for the region and (2) ensuring “early and meaningful” public involvement in the planning process.

### Metroplan and CARTS’ Public Involvement Strategies

Public Information	Targeted Outreach	Public Input
<ul style="list-style-type: none"> <li>• Visualization techniques</li> <li>• Web distribution</li> <li>• Agency websites</li> <li>• Newspaper inserts</li> <li>• Graphics/photographic images</li> </ul>	<ul style="list-style-type: none"> <li>• Contacts database</li> <li>• Flyers/brochures</li> <li>• Video presentation dissemination to TV/community</li> </ul>	<ul style="list-style-type: none"> <li>• Transportation Advisory Council</li> </ul>

- Including the Spanish media in the distribution of news releases;
- Advertising public hearings, meetings, projects, and programs in Spanish print, radio, and television media;
- Providing simultaneous translation services at meetings;
- Producing Spanish language website content; and
- Timely response to public input.

### Monterey Bay’s Public Involvement Strategies

Public Information	Targeted Outreach	Public Input
<ul style="list-style-type: none"> <li>• Visualization techniques</li> <li>• Large employers/schools</li> <li>• Email distribution lists</li> <li>• Agency websites</li> </ul>	<ul style="list-style-type: none"> <li>• Faith-based communities</li> <li>• Partner with health services programs</li> <li>• Flyers/inserts in paychecks</li> <li>• TV/radio interviews</li> </ul>	<ul style="list-style-type: none"> <li>• Advisory committees</li> <li>• Targeted focus groups</li> <li>• Targeted community meetings</li> <li>• Bilingual committees</li> </ul>

### MONTEREY BAY AREA PUBLIC PARTICIPATION PLAN

#### February 2011 Update

The *Monterey Bay Area Public Participation Plan* was prepared collaboratively with the Council of San Benito County Governments (SBCOG), Santa Cruz County Regional Transportation Commission (RTC), the Transportation Agency for Monterey County (TAMC), Monterey-Salinas Transit (MST), Santa Cruz Metropolitan Transit District (SCMTD), and California Department of Transportation (Caltrans) Association of Monterey Bay Area Governments (AMBAG). The plan was originally adopted in 2008 to comply with SAFETEA-LU legislation and updated pursuant to changes in California Government Code 65080.

#### Targeted Outreach Strategies

The Monterey Bay region is home to a significant Spanish-speaking population; therefore, the partner agencies employ a number of bilingual outreach methods to include participation of the Spanish-speaking community. These methods can include the following:

- Publishing printed information regarding services, projects, programs, and meetings in Spanish;

This plan provides guidance in the structuring of regional transportation planning processes to ensure that, to the greatest extent possible, interagency consultation and public participation are an integral and continuing part of the regional transportation decision-making process.

### SAN FRANCISCO BAY AREA RAPID TRANSIT DISTRICT

#### BART’s Public Participation Plan

To expand public access to its transportation decision-making process, the San Francisco Bay Area Rapid Transit District (BART) utilized community involvement for developing its Public Participation Plan (PPP). The plan will guide BART’s ongoing public involvement endeavors to ensure the most effective means of providing information and receiving public input on transportation issues, with particular emphasis on involving traditionally underrepresented groups. Comments received through a variety of public participation activities helped to develop the PPP.

In order to engage diverse community members, BART conducted a public participation process throughout the BART service area (San Francisco, Alameda, Contra Costa, and San Mateo counties). Meeting locations were identified through a mapping

analysis of Bay Area communities based on income and race. The results were used to identify community-based organizations (CBOs) in the targeted areas. The CBOs represented a broad range of community interests, including civic groups; business organizations; service providers for children, youth, families and persons with disabilities; schools providing programs on English as a second language; churches and faith-based organizations; senior centers; community centers; and many others (BART 2010, p. 1).

A variety of notification methods were used. Professionally facilitated, multilingual community meetings were also held. The facilitator provided an objective review of the findings and analysis of the meetings, comment cards, and survey and created a summary report on the PPP development outreach process. The resulting PPP and the summary report are used to offer early and ongoing opportunities for public involvement in the identification of social, economic, and environmental impacts of proposed transportation decisions at BART (p. 6).

### BART's Public Involvement Strategies

Public Information	Targeted Outreach	Public Input
<ul style="list-style-type: none"> <li>• Bart website</li> <li>• Newsletters in BART stations</li> <li>• Communication with media</li> <li>• Emails to community members</li> <li>• Press briefings/news releases</li> </ul>	<ul style="list-style-type: none"> <li>• Community fairs/festivals</li> <li>• Social networks (Facebook, Twitter)</li> <li>• Major community event sponsorship</li> <li>• Communication with elected officials</li> <li>• Mailings to neighborhoods</li> <li>• Language line services (LLS)</li> </ul>	<ul style="list-style-type: none"> <li>• Advisory committees</li> <li>• Focus with CBOs</li> <li>• Key person interviews</li> </ul>

#### Recommended Outreach Strategies

Although BART's public participation plan includes methods that have a regional reach and will continue, recommendations from community members from a specific area or ethnic group are being considered. Recommendations include the following:

1. Working with community partners and stakeholders to identify the most effective methods to support participation within the area: specific meeting locations, meeting times, community-based organizations, and media

outlets that work best for their particular area.

2. Walking tours of specific stations.
3. A "road show" with representatives staffing tables at community events and locations such as malls, local supermarkets, and BART parking lots; making suggestion boxes or comment cards, surveys on kiosks, and sending representatives to regularly scheduled community meetings on a regular basis.
4. Neighborhood Public Participation Advisory Groups to include community members and group representation in order to make recommendations regarding public participation methods, publicity, meeting venues, translation needs, childcare opportunities, and other aspects of public participation strategy.
5. Partnerships with community-based organizations (CBOs) to bridge the gap between transit agencies and the targeted community.
6. Participation by BART directors to build trust and demonstrate that the public's voice matters.
7. Maintaining a contact database to ensure that notice of public participation is received in a timely manner.
8. Expanding local media to include free and low-cost weekly newspapers published in English or the language of the community.
9. Local service providers to help to communicate with members through their newsletters.
10. Holding meetings in a variety of venues and coordinated with community partners.
11. Refreshments (as culturally appropriate), translation and interpretive services, and onsite childcare, if requested 72 hours in advance.
12. BART will develop specific measurable objectives for its public participation activities (p. 21).

BART also offers home visits as an outreach strategy for "one-on-one" meetings with homeowners, business owners, and other stakeholders who cannot necessarily free themselves from their busy schedules to attend a public meeting or

workshop. Home visits were also made to community members challenged in other ways such as accessibility, language, or cultural barriers, or even those not comfortable in a public setting” (Childress 2007, p. 25).

## SAN JOAQUIN COUNCIL OF GOVERNMENTS

### Public Participation Plan (2010)

The San Joaquin Council of Governments (SJCOG) is the transportation planning and financing agency for San Joaquin County. This public participation plan describes SJCOG’s process for providing the public and interested parties with reasonable opportunities for involvement in the regional transportation planning process. SJCOG provides the public with opportunities for continuing involvement in the work of the agency, through the following:

1. Advisory Committees – SJCOG has established a citizen advisory committee to foster ongoing public awareness of, and involvement in, transportation decision making, especially by those groups that have been traditionally underserved by transportation systems.
2. SJCOG Citizens Advisory Committee – serves as a citizen advisory group to the board of directors.
3. Social Services Transportation Advisory Committee – SSTAC is composed of representatives of senior citizens, people with disabilities, transit disadvantaged, and transit provider groups. This committee meets regularly and is largely involved in met and unmet transit needs. The committee’s recommendations are given to the board of directors.

### Targeted Outreach Strategies

Techniques for involving low-income communities and communities of color include the following:

- Interaction with community groups representing underserved residents or communities of

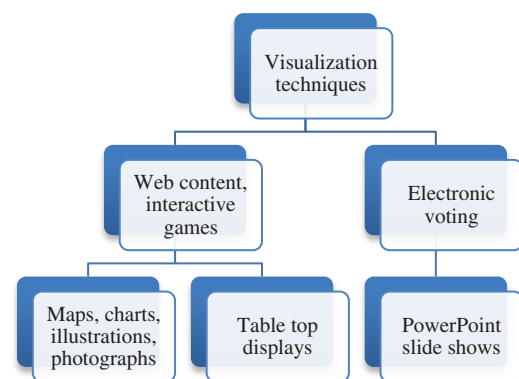
- color, tailor meetings, customize presentation materials, provide incentives;
- Outreach in the community (flea markets, churches, health centers, etc.);
- Personal interviews or use of audio recording devices to obtain oral comments;
- Translate materials, have translators available at meetings as requested; and
- Include information on meeting notices describing how to request translation assistance.

Techniques for involving populations with limited-English proficiency include the following:

- Translated documents and Web content on key initiatives;
- On-call translators for meetings;
- Translated news releases and outreach to alternative-language media;
- Information included on meeting notices describing how to request translation assistance;
- Staff trained to be alert to, and anticipate the needs of, low-literacy participants; and
- Use of community and minority media outlets to announce participation opportunities.

### Other Outreach Strategies

- Information/comment tables or booths at community events;
- Court reporters recording resident’s concerns, especially those who prefer not to or cannot express themselves in writing;
- Translators for limited-English and non-English speakers; and
- Comment cards/take-one cards on-board bus and passenger rail.



Visualization Techniques



SJCOG’s public participation plan is not a static document, but an ongoing strategy, periodically reviewed and updated based on SJCOG experiences and the changing circumstances of SJCOG, the Commission, and the transportation community it serves. Performance measures for the effectiveness of the participation program are under development and the results will be shared with the public.

## METROPOLITAN COUNCIL, MINNEAPOLIS/ST. PAUL, MINNESOTA

### Transportation Policy Plan

The Metropolitan Council is designated by state legislation as the metropolitan planning organization (MPO) for the Twin Cities metropolitan area (Minnesota Statute Section 473.146). The council provided a variety of methods for interested parties and the public to participate in the formulation of the region’s Transportation Policy Plan. Special outreach efforts are made to those in a minority, low income, and with disabilities. This is accomplished, in part, by increasing the visibility of particular issues and co-sponsoring events that develop new relationships.

### Minneapolis/St. Paul, Minnesota’s Public Involvement Strategies

Public Information	Targeted Outreach	Public Input
<ul style="list-style-type: none"> <li>• Education initiatives</li> <li>• Key contact database</li> <li>• Mailers/advertisements in minority-based media</li> <li>• Public meetings in accessible locations</li> </ul>	<ul style="list-style-type: none"> <li>• Geographic analysis</li> <li>• Recruit representatives of underrepresented groups</li> <li>• Participation in community events</li> <li>• Respect cultural sensitivities/prohibitions</li> <li>• People with disabilities serve on advisory committees</li> </ul>	<ul style="list-style-type: none"> <li>• Advisory committees</li> <li>• Local government</li> <li>• Stakeholder groups</li> </ul>

The council has established a broad citizen participation and public education effort to build awareness and understanding of regional issues and to build consensus for solving regional issues.

## PORTLAND PLAN PUBLIC PARTICIPATION 2010 Phase 2 Progress Report

To gauge the ongoing success of its public participation and engagement methods, Phase 2 of Port-

land’s public involvement plan (the Portland Plan) implemented more targeted and interactive outreach approaches to engage typically underrepresented communities. Numerous partners are working collaboratively to design and carry out an inclusive public participation program.

Targeted non-geographic communities that participated in Portland Plan workshops or hosted presentations include the following:

- Senior and aging community;
- Public and private schools;
- Lesbian, gay, bisexual;
- Business community;
- Transgender and queer;
- Faith-based communities; and
- Lesbian, gay, bisexual, transgender, and queer (LGBTQ) community.

### Targeted Outreach Strategies

- Portland Plan Community Handbook;
- Presentations and interactive activities;
- Community Involvement Committee (CIC) members serve as the “eyes and ears” of Portland’s many diverse communities;
- Diversity and Civic Leadership (DCL) Program is based on the assumption that the quality of community participation is enhanced with full, equitable participation of underrepresented communities’ leaders and constituents. Recent programs include the following:
  - Project grants to build capacity of underrepresented groups and increase participation with city government;
  - A leadership academy to train emerging leaders;
  - An advisory committee to review and advise on diversity outreach programming; and
  - Partnerships with Immigrant and Refugee Community Organization (IRCO), the Center for Intercultural Organizing (CIO), the Native American Youth and Family Center (NAYA), the Urban League, and the Latino Network.

Stronger relationships with organizations that advocate for non-geographic communities, the new DCL grant program, and the visible equity work produced by staff have helped gain trust in the communities and will hopefully encourage increased participation.

## VIRGINIA DEPARTMENT OF TRANSPORTATION (VDOT)

### Public Involvement Toolkit

VDOT conducted an assessment of its public involvement practices and used the results to develop a public involvement “toolkit” for use by VDOT staff. The toolkit describes an array of techniques that may be used from the earliest planning stages of transportation projects through their construction, noting advantages, disadvantages, special considerations in the use of each technique, and references and website links for further reading.

#### Targeted Outreach Strategies

- Tools for small and large groups,
- Public involvement campaigns,
- Public participation guide for consumers (available on website),
- Public meetings,
- Public opinion surveys,
- Transportation fairs,
- Brainstorming sessions, and
- Tips for effective use.

VDOT recognizes that one size does not fit all for involving the public in transportation decisions and that different situations and stakeholder groups often require different approaches. As such, VDOT believes that the toolkit of public involvement techniques is a valuable resource to guide their public outreach in planning processes for highway, transit, and other modal improvements and in project development.

## MID-AMERICA REGIONAL COUNCIL

### 2010 Public Participation Plan

The Mid-America Regional Council (MARC) is the metropolitan planning organization (MPO) for the bi-state Greater Kansas City area. In 2010, MARC’s Imagine KC Project received an honorable mention from the 2010 Federal Highway Administration (FHWA)/Federal Transit Administration (FTA) Transportation Planning Excellence Awards (TPEA), which are co-sponsored by the American Planning Association (APA). The biennial TPEA Program recognizes outstanding initiatives across the country to develop, plan, and implement innovative transportation planning practices.

MARC designed Imagine KC, a community visioning exercise, to test innovative, large-scale strategies to engage citizens in discussions about the Kansas City region’s ability to develop more sustainably. Imagine KC involved numerous public forums during which residents identified sustainability issues of importance, including transit, local food policy and production, and walkable neighborhoods.

### MARC’s Public Involvement Strategies

Public Information	Targeted Outreach	Public Input
<ul style="list-style-type: none"> <li>• Visualization techniques</li> <li>• <i>One KC Voice</i> partner network</li> <li>• Website with core plans/published documents</li> <li>• Publication mailings</li> <li>• Contacts list</li> <li>• Media-newspapers</li> </ul>	<ul style="list-style-type: none"> <li>• Collaboration with CBOs</li> <li>• Non-English and minority newspapers</li> <li>• Churches/civic groups</li> <li>• Limited English Proficiency Plan (LEP)-translation/interpreter requirements</li> </ul>	<ul style="list-style-type: none"> <li>• Advisory committees</li> <li>• Meeting with key leaders of underrepresented groups</li> </ul>

MARC uses the techniques and strategies developed by the International Association of Public Participation (IAP2) as a guide for expectations for project managers to consider when developing the public participation component. Each year, the MARC transportation staff person designated as the Public Engagement Advisor compiles an evaluation for both individual techniques/events and full public participation strategies.

## APPENDIX E

### BEST PRACTICES OF MINORITY OUTREACH IN OTHER INDUSTRIES

A U.S. Department of Health and Human Services Initiative (2000), Healthy People 2010, stated, “over the years, it has become clear that individual health is closely linked to community health. Likewise, community health is profoundly affected by the collective behaviors, attitudes, and beliefs of everyone who lives in the community, . . . Partnerships, particularly when they reach out to non-traditional partners, can be among the most effective tools for improving health in communities.”

Minority outreach is a strategy of specifically reaching out to minority, multicultural communities and engaging them on their own terms and in

their own cultural context. The health care industry is a leader in minority outreach. The following case studies are from health care and industries outside of transportation.

## COMMUNITY HEALTH CARE

### Sunset Park Family Health Center Network of Lutheran Medical Center—Brooklyn, New York

#### Overview

Lutheran Medical Center created the Sunset Park Family Health Center (SPFHC) in response to the overwhelming need for primary care in south-west Brooklyn, New York. Sunset Park has attracted immigrant workers for decades, beginning with Scandinavians and Latinos of Puerto Rico in the 1940s. Today, the community includes many of the long-settled ethnic groups, as well as Chinese, Mexican, Central and South American, Dominican, Russian, and Middle Eastern populations.

In the 1990s, SPFHC began to expand access to care for recent Chinese immigrants. The Asian Initiative became its first initiative into culturally competent health care, which focused on reducing barriers to primary care. Flexible hours of service, the establishment of interpretation and translating signage, were among the strategies utilized. Training Chinese-educated nurses in upgraded clinical skills so they could pass state licensing exams addressed the shortage of linguistically and culturally appropriate staff. This effort demonstrates the priority SPFHC placed on recruiting and hiring from within the community. In addition, SPFHC formed strong links to community leaders and key resources.

SPFHC Network made cultural competence a priority by funding regular staff training programs, offering patient navigators, and expanding its relationships with community groups. These efforts created an environment that celebrates various cultures, cultural and religious holidays, multicultural artwork, and offers ethnic foods.

The Mexican Health Project is one of several recent primary care sites targeting a rapidly growing immigrant community. This project, once completed, will provide an assessment of community health needs and recommend interventions for communication in clinical settings and patient education.

#### Successful Strategies

- Form partnerships with community-based organizations to establish culturally competent, community-oriented primary care. This approach is effective in a demographically changing environment.
- Recruit and hire staff that reflects the environment culturally and linguistically.
- Develop a mission statement and vision that reflects the principles of the community.
- Establish a governing body that will help identify needs and provide feedback.
- Utilize available resources internally and externally. Internal resources may include staff, while external resources include websites.
- Measure outcomes and success (in health care) by assessing the barriers to primary care that may continue to exist, overall satisfaction, and ongoing collaborative relationships (Betancourt et al. 2002).

## MANAGED CARE

### Kaiser Permanente—San Francisco, California

#### Overview

In the early 1990s studies showed that Asian populations were the least satisfied with their health care within Kaiser Permanente's Northern California region. As a result, many Chinese American business owners began exploring other health care options, primarily those marketed specifically to their community.

To gain a better understanding of the issues, the San Francisco Medical Center launched the "Chinese Initiative." Based on the findings of this initiative, Kaiser Permanente established a department of multicultural services, providing on-site interpreters for patients in 14 languages. In addition, Kaiser created a Chinese interpreter call center to assist Chinese-speaking patients in scheduling appointments and obtaining medical advice. Written materials and signage were translated. A cultural diversity board was established for oversight.

Kaiser has expanded from this original initiative to include a Spanish multi-specialty as well. Nurses, case managers, and health educators in the facility are multilingual and the staff is cho-

sen for cultural and language proficiency. The San Francisco Medical Center has been an award-winning model in the health care industry. Kaiser has acknowledged the business case for cultural competence, as well as their need to comply with Title VI of the Civil Rights Act.

### *Lessons Learned*

- Utilize publicity and marketing strategies in diverse communities.
- Avoid mandating cultural competence, as it may lead to resentment.
- Employ multi-cultural managers to reflect the diversity of the organization.
- Focus the organization on the opportunity to improve customer satisfaction. Present the business case for cultural competence.
- Establish a cultural diversity board of employees, providers, and community members to help guide the process (Betancourt et al. 2002).

## URBAN AND COMMUNITY FORESTRY

### *Overview*

When planning and delivering programs, state urban forestry coordinators often struggle to achieve diversity among groups, despite the fact that the programs impact more diverse populations than any other state forestry agency activity (Urban and Community Forestry 2001). The coordinators addressed their concerns during the National Urban Forest Conference in 2001. They established a committee to catalogue successful outreach strategies and service delivery to minority populations that traditionally lack engagement in urban forestry.

### *Success Story: Environmental Outreach Education and Tree Planting—Annapolis, Maryland*

The Maryland Forest Service goals were to develop an urban forestry awareness and appreciation program aimed at the area's growing Hispanic population. In the process, the committee hoped to inspire community involvement and promote the planting and nurturing of trees and protection of the environment. The Maryland DNR Forest Service created an environmental pilot project as well.

### *Outreach to Targeted Groups*

After 8 months of planning with area community organizations and volunteers, 80 trees were planted and a brochure was printed. The City of Annapolis Parks & Recreation selected the planting site. U.S. Naval Academy Latino Club members attended a tree-planting workshop, and doubled as bilingual staff volunteers on planting day. In addition, a Spanish-speaking city police representative communicated a message regarding the value of trees in urban areas, healthy streams, rivers, and the Chesapeake Bay. The Anne Arundel County Health Department also participated and shared their knowledge of Hispanic culture.

### *Results*

A grant from the Chesapeake Bay Trust funded the printing of a brochure in English and Spanish on planting trees. Several Hispanic scout and church youth groups continue to care for, and plant, trees in the area. The DNR Forest Service continues to support the project.

### *Steps to Successful Outreach*

- Learn about the culture (diversity) of the population.
- Identify groups and opportunities.
- Cultivate relationships and build trust.
- Develop a communications strategy.
- Maintain an outreach work environment.
- Implement community outreach programs.
- Monitor your plan and follow up.

## CULTURALLY COMPETENT STRATEGIES FOR ENGAGING DIVERSE COMMUNITIES

Morris and Fragla (2010) reported that many agencies are creatively using the processes and examples that current literature identifies, including the following:

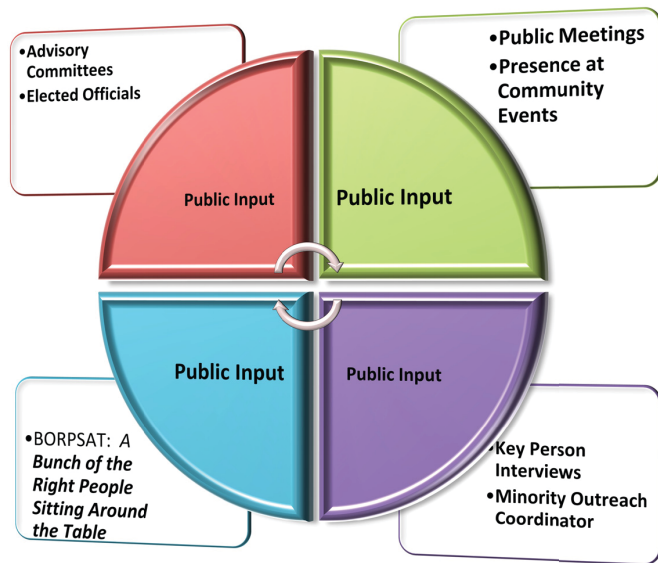
- Utilizing the Internet and intranet;
- Using visualizations;
- Holding the meeting in the right place, on the right day, at the right time;
- Leveraging relationships;
- Playing interactive games;
- Taking the time to sit and listen; and
- Using public involvement programs (p. 13).

Nonetheless, challenges still exist in outreach and identifying and engaging members from disability and underrepresented communities. Cultural, attitudinal, and language barriers may limit or prevent the involvement of individuals from underrepresented communities. Other barriers (National Association of Conservation 2003, p. 3) that result in limited participation in transit decision-making by these communities are

- Limited resources,
- Lack of educational opportunities,
- Discrimination,
- Limited English skills,
- Fear and distrust of the government, and
- Limited knowledge about transportation and other programs and services.

### APPENDIX F

#### Matrix of Successful Public Input Techniques



### APPENDIX G

#### Matrix of Successful Outreach Strategies





**Transportation Research Board**

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